

OCTOBER 2019 NEWSLETTER



The SHSE Administrative Team

Dr. Lance Ratcliff, *Dean of SHSE*

Dr. Michael Bird, *Chair of HES*

Dr. Wendy Miner, *Chair of Education*

Mr. James Judd, *Director of the RPDC*

Dr. Amy Teten, *Chair of CMDS*

Dr. Brenda Wheeler, *Chair of Nursing*

Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Dr. Lance Ratcliff, Dean, School of Health Sciences and Education

Greetings from the School of Health Sciences & Education! It is a pleasure to be part of such a dynamic group of focused professionals, and I am privileged to give an overview of our October newsletter.

Our fall semester is truly in full swing ... hard to believe it is already the end of September! Fall is the favorite season for many, and that is certainly understandable considering the refreshing weather and natural beauty of our region.

This edition of the newsletter is slimmer than most, but that doesn't reflect a lack of activity. Colleagues across the School are as busy as ever with searches for multiple faculty positions, leading student fieldtrips, proposing curriculum revisions, and working on multiple University, regional, and national committees. And these responsibilities are in addition to all our great work each day with students!

As I joined in various School and University events the past few months, I quickly noticed community involvement. Please know the School of Health Sciences & Education is very grateful to everyone who supports our endeavors, whether it is service on one of our academic advisory boards, attendance at various events, generous monetary gifts, or communicating with friends and family about the excellence of our programs. We are passionate about empowering success for our students, and we know you are too!

Please don't hesitate to contact me if you have suggestions for continued improvement or would like to know more about opportunities to participate. My e-mail address is LRatcliff@truman.edu, and my direct line is 660-785-4384. Thank you!

[See the Homecoming schedule of events at https://www.truman.edu/alumni-donors/events/homecoming/schedule-and-event-information/](https://www.truman.edu/alumni-donors/events/homecoming/schedule-and-event-information/)

Communication Disorders

The Speech and Hearing Clinic will conduct speech-language-hearing screenings, Thursday and Friday, October 3 and 4, for children enrolled in Head Start programs throughout Northeast Missouri.

Ms. Sheila Garlock, along with assistance from the Communication Disorders Association (CoDA) student organization members, Nicole Taylor, Megan Nesbitt, and Emily Goerlich, hosted Family Day for the Communication Disorders Department, September 21. Ten students and 20 guests visited and toured the Speech and Hearing Clinic and the Communication Disorders Department.

The CMDS Department will host a Graduate Student Open House on Saturday, November 2, 2019. Invitations will be sent to:

- ❖ Truman students (both majors and non-majors),
- ❖ Students who have applied for spring, 2020 and / or fall, 2020 admission,
- ❖ Students who have contacted the University expressing interest in the master's degree in CMDS,
- ❖ CMDS Program Chairs in Missouri, Iowa, and Illinois are also sent information concerning the CMDS Graduate Student Open House / Recruitment day and are asked to post / distribute invitations for / to their current students.

In the past, this event has been an excellent recruiting tool. Various stations of information / interest are established. Faculty will discuss internships, the academic curriculum, the Speech and Hearing Clinic processes / procedures, financial aid availability, and various topics of interest to prospective graduate students. Lunch will be provided.

Ms. Melissa Passe has been selected to serve as the topic chair for Supervision and Precepting for the 2020 American Speech-Language-Hearing Association (ASHA) convention to be held in San Diego, California.

The Communication Disorders Association (CoDA) student organization members will participate in Autism Awareness month, with a fund raising project planned. Proceeds will be donated to the Greenwood School project.

Education



Elizabeth Berendzen (left) moved to Wiesbaden, Germany after graduating with her MAE in May, 2019. There she found a position at the Obermayr Europaschule in Erbenheim. She is working as a team teacher in bilingual courses offered to students from fifth to 13th grades, including history, geography, politics and economy, and biology. The school is looking to further its implementation of the Content and Language Integrated Learning (CLIL) model in its bilingual courses, strengthening the students' English abilities. Elizabeth is very excited to use her English for Speakers of Other Languages (ESOL) background to help further English language acquisition in the classroom.



In summer 2020, Truman students of any major will have the opportunity to study and conduct research in Tambopata National Reserve in Peru. Cultural experiences will include a day of service in Puerto Maldonado and exploration of Lima. Coursework for the class will begin on campus in the first block of summer session and will be aimed at providing students background information and tools to develop their research projects. The class will travel as a group to Peru to spend nine days in research at Sachavacayoc Center and cultural experiences in Puerto Maldonado. Three days will be spent in the Lima area expanding knowledge on biodiversity in Peru and culture. This four-credit study abroad course fulfills the intercultural perspective and provides four biology elective credits. There are no prerequisites to participate, and non-degree seeking students are eligible to enroll. Application and more information can be found at studyabroad.truman.edu/programs/faculty-led/peru Stephanie Foré, professor of biology, and Enrique Pareja, assistant professor of STEM education, MAE mathematics and science, are the faculty members who will oversee the trip. Students can meet them at one of the following information sessions in Magruder Hall 2007: Sunday, October 6, 3:00 – 3:30 p.m. or Monday, October 30, 6:30 – 7:00 p.m.

(text copied from Truman Today, Vol. 24 No. 6)

Health and Exercise Sciences

Jana Arabas and Liz Jorn will offer ES 206 First Aid and CPR Instructor during the spring 2020 semester. This will be a 1.0 semester hour class that will meet Thursdays from 12:00 p.m. to 1:20 p.m. Upon successful completion of the course, students will be certified to teach CPR/First Aid classes through the American Heart Association. This course would be ideal for students looking to obtain graduate assistantships, nursing students, MAE students, or anyone else desiring to teach CPR/First Aid classes. The class is currently closed and requires pre-approval for registration. Please contact Jana jarabas@truman.edu for additional information.

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Health Science majors enrolled in HLTH 270 Health Systems and Consumers tabled throughout the month of September in the Student Union Building, McClain Hall, and Magruder Hall to raise awareness in order to prevent prescription drug misuse. Before tabling, students completed a worksheet about prescription drugs to better prepare them for potential questions they could receive from students, faculty, and staff. Displays included sleeping masks, Deterra bags (for proper disposal of unwanted medications), pens, pencil pouches, stress balls, and informational flyers. Each item provided the link to <http://pip.missouri.edu/rx/> for more information. Students were encouraged to approach the table and learn more about prescription drug misuse and actions to prevent misuse. By helping students learn about prescription drug misuse, the students in HLTH 270 are promoting a positive work-life balance and preventing harmful contamination in the Kirksville water supply. One student who interacted with a HLTH 270 student commented, "I have a ton of medicine I need to get rid of at home. This Deterra bag is really going to come in handy. Thanks for your help!"



Evonne Bird (left), Academic Professional Development Faculty Fellow in Supporting Student Mental Health, presented Physical Activity and Depression at a faculty luncheon September 19. She spoke about research indicating that physical activity decreases symptoms of depression.



- Stop by the HES tent:
- Visit with Jerry
 - Learn more about the fund created in his honor
 - Get a limited edition "Mayhew Megaphone" (while supplies last)
 - Visit more with Jerry

Bulldogs
Calling all Bulldogs
help us celebrate the impact of
Dr. Jerry Mayhew
at the Truman Homecoming Tailgate!

Lab Tours Available!

Sat., Oct. 19, 2019 • 11:30 a.m. – 1:30 p.m.
 Truman Tail Gate Lot (parking lots west of Pershing Building)

See the Homecoming schedule of events at <https://www.truman.edu/alumni-donors/events/homecoming/schedule-and-event-information/>



TruLifesaver

CPR/AED Course (Basic Life Support—BLS)



**American
Heart
Association®**

Learn and Live

CPR/AED (Basic Life Support) class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Certification is good for 2 years

Our course includes the following for an adult, child, and infant:

- ◆ Critical concepts of high-quality CPR
- ◆ The American Heart Association Chain of Survival
- ◆ Differences between rescue techniques
- ◆ 1-Rescuer CPR and AED
- ◆ 2-Rescuer CPR and AED
- ◆ Bag-mask techniques
- ◆ Rescue breathing
- ◆ Relief of choking

Instructors:

Liz Jorn and Jana Arabas
Truman State University
Department of Health
and Exercise Science

Date & Time:

Tuesday, October 22, 2019

5:00-10:00 pm

Location:

Health Science 1206 - CPR Lab
Truman State University

Cost: \$70.00

Cost includes:
all instruction, materials
and two year certification with the
American Heart Association

To Register:

Visit institute.truman.edu/trulifesaver and complete the online registration form. You may email us at institute@truman.edu or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

Institute for Academic Outreach

P: 660-785-5384
F: 660-785-7202
institute@truman.edu

Nursing



Nursing Transcultural Experience in the Philippines Presentation

Tuesday, October 8
7:00 p.m.
SUB Activities Room

Everyone is invited!

Come hear about the nursing practice, health care systems, and baccalaureate nursing education in the Philippines. Areas of nursing practice that will be emphasized are: medical-surgical, pediatric, obstetric, and community health nursing.



The Nursing Department recently received two new Laerdal Nursing Anne Simulators (manikins), purchased with funds from the Nursing Education Incentive Program (NEIP) grant. The simulators have spontaneous breathing and blinking eyes, anterior and posterior breath sounds, heart and bowel sounds, realistic anatomical landmarks for injections and assessment, defibrillation and pacing capabilities, and a fully articulating body enabling realistic patient handling and positioning (Laerdal, 2019). These features offer an increased level of fidelity, enabling students to more realistically practice essential nursing skills, from basic assessments and critical thinking, to advanced interventions. The Nursing Anne Simulator was used in the Nursing Simulation Center, with positive reviews from the NU 350 Adult Health Nursing students.

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Regional Professional Development Center

The Northeast Missouri Regional Professional Development Center (RPDC), whose main office is in Violette Hall 2200, is one of nine centers established by the Department of Elementary and Secondary Education (DESE) in the 1995-1996 academic year. The mission of the RPDC is “to build the capacity of educators and schools to maximize student performance through high quality professional development.” Funding for the RPDC is provided by federal funds through an annual contract with DESE and supplemented by participating school districts within the region. The Northeast RPDC serves the counties of Putnam, Schuyler, Scotland, Clark, Sullivan, Adair, Knox, Lewis, Linn, Macon, Shelby, Marion, Chariton, Randolph, Monroe, Ralls, and Pike, but a school district may choose to utilize the services of any RPDC in the state. Professional development and support for schools is delivered by a team of content specialists to maximize student success. Upcoming workshops can be found at <https://www.mylearningplan.com/WebReg/Catalog.asp?D=11005>

Ms. Polly Matteson (right) is the Missouri Career Pathways Regional Consultant / Career Advisor with the Northeast Missouri Regional Professional Development Center (RPDC). As pathways consultant, Polly identifies high demand occupations, connects employers with educators, promotes work-based learning experiences, connects educators with post-secondary programs, supports districts in providing career awareness/exploration for all students, coordinates and facilitates teacher externships to enhance relevancy in the classroom, and facilitates workshops, training, and science, technology, engineering, the arts, and mathematics (STEAM) activities. As career advisor, Polly works with school districts, area career centers, and post-secondary institutions to ensure Missouri students will have the knowledge, skills, and experiences to make successful transitions to post-secondary options, based on their educational and career goals, provides direction to school districts in developing and / or enhancing their career education programs, promotes and supports the Breaking Tradition awards, and assists with career planning opportunities, such as non-traditional career exploration (STEAM events). For more information or for information on upcoming Career Pathways events, contact Ms. Polly Matteson at pmatteson@truman.edu or (660) 785-4093 or (660) 651-0591.



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Calendar of Selected Upcoming Events

October 4, Friday: Celebration of Faculty Scholarship, 3:00 – 5:00 p.m., Kirk Memorial

October 8, Tuesday: First block classes end

October 9, Wednesday: Second block classes begin

October 10-11, Thursday-Friday: Midterm break

October 14, Monday: Admission Office weekday visit day

October 16, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

October 17, Thursday: Undergraduate Council, 3:00 – 5:00 p.m., SUB Alumni Room 2105

October 18, Friday: Board of Governors meeting

October 18 - 20, Friday - Sunday: Homecoming - See the Schedule of Events at

<https://www.truman.edu/alumni-donors/events/homecoming/schedule-and-event-information/>

October 31, Thursday: Faculty Senate meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

November 1, Friday: Lyceum, Paul Robeson, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium

November 2, Saturday: Admission Office Showcase visit day

November 12, Tuesday: Academic Leadership Forum

November 13, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

November 14, Thursday: Undergraduate Council, 3:00 – 5:00 p.m., SUB Alumni Room 2105

November 21, Thursday: Faculty Senate meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

November 25-29, Monday-Friday: Thanksgiving Break, no classes

November 27-29, Wednesday-Friday: University closed

December 5, Thursday: Undergraduate Council, 3:00 – 5:00 p.m., SUB Alumni Room 2105

December 6, Friday: Last day of classes

December 7, Saturday: Board of Governors meeting

December 9, Monday: Finals start

December 11, Wednesday: Reading day

December 12, Thursday: Faculty Senate meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

December 13, Friday: Finals end

December 14, Saturday: Commencement, 11:00 a.m.

December 14, Saturday: Winter interim begins

December 23-27, Monday-Thursday: University closed

January 1, Wednesday: University closed

January 11, Saturday: Winter interim ends

January 13, Monday: Spring semester classes begin

January 15, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

January 20, Monday: Martin Luther King, Jr. Day, University closed

January 25, Saturday: Admission Office Showcase visit day

February 8, Saturday: Board of Governors meeting

February 19, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

March 2, Monday: Lyceum, Golden Dragon Acrobats, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium

March 4, Wednesday: First block classes end

March 5, Thursday: Second block classes begin

March 9-13, Monday-Friday: Spring break

March 18, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

March 27, Friday: Lyceum, The Step Crew, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium

March 28, Saturday: Admission Office Showcase visit day

April 4, Saturday: Board of Governors meeting

April 13, Monday: Term Break/Spring Holiday. University closed

April 15, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151

April 16, Thursday: Student Research Conference

April 25, Saturday: Admission Office Showcase visit day

May 1, Friday: Last Day of Classes

May 4, Monday: Finals start
May 6, Wednesday: Reading Day
May 8, Friday: Finals end
May 9, Saturday: Commencement, 2:00 p.m.
May 9, Saturday: May Interim begins
May 23, Saturday: May Interim ends
May 25, Monday: Memorial Day, University closed
May 26, Tuesday: First Five Week and Ten Week classes begin
June 1, Monday: Eight Week classes begin
June 26, Friday: First Five Week classes end
June 29, Monday: Second Five Week classes begin
July 3, Friday: Independence Day Holiday, University closed
July 24, Friday: Eight Week classes end
July 31, Friday: Second Five Week and Ten Week classes end

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of
Health Sciences & Education*