

FEBRUARY 2018 NEWSLETTER



The SHSE Administrative Team

Ms. Jeanne Harding, *Interim Dean of SHSE*
Dr. Roberta Donahue, *Chair of HES*
Dr. Lisa Goran, *Chair of Education*
Mr. James Judd, *Director of the RPDC*
Dr. Amy Teten, *Chair of CMDS*
Dr. Brenda Wheeler, *Chair of Nursing*
Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

As defined by our mission statement, the School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

It's important to celebrate the many positive ways we are living out this mission in SHSE. In this newsletter, you will see highlights from the departments in our school that are representative of the excellence in these programs. I extend my thanks to all who contributed and to Mona Davis for serving as editor.

I was also pleased to see the Winter 2018 edition of the Truman Review alumni magazine showcase several SHSE students, faculty, alumni, and programs and would encourage you to check it out online: <http://trumanreview.truman.edu/>. Among those featured are Dr. Jerry Mayhew and his 42 years at Truman, our school's many partnerships with ATSU, the Speech and Hearing Clinic's service to the community, and SHSE alumni serving as professionals and leaders in their communities.

As interim dean, I've had the opportunity to see our mission statement in action and have been thoroughly impressed by the dedication and excellence demonstrated by colleagues throughout our school. It is my pleasure to continue the tradition established by Provost Gooch of awarding the SHSE Mission Award to a faculty member in our school who has distinguished him/herself by participating and excelling in activities that model the mission of the School. Previous recipients include Dr. Steve and Ms. Kit Hadwiger (Nursing, 2014-2015); Dr. Janice Clark (HES, 2015-2016); and Dr. Wendy Miner (ED, 2016-2017). Procedures for nominating faculty for the award, the evaluation of applications and selection of the award-winner were sent out earlier this semester. The deadline for nominations is noon on Friday, March 2, 2018.

I appreciate each of you for the work you do in support of our mission and wish you a successful spring semester.

Positive Peers is a new mental wellness support group for students seeking increased peer support for their mental health and wellness. Positive Peers welcomes students currently in distress as well as students seeking to prevent distress. Facilitators were trained on how to lead a peer-to-peer support group by Joe Hamilton, University Counseling Services. Facilitators serve as discussion leaders, providing the group with structure, a safe space to support one another, and referrals to outside sources if need-be. Facilitators are not counselors and cannot provide professional advice. Students in need of professional support should contact University Counseling Services at 660.785.4014. Potential benefits of joining a support group include: reduced stress; feeling less lonely, isolated or judged; gaining a sense of empowerment and control; improved coping skills and sense of adjustment; talking openly and honestly about feelings; gaining peer advice; and increased social connections, both in number and in depth. For more information about Positive Peers, contact the Mental Wellness Support Group, e-mail Alex Frogge at alf6361@truman.edu

Communication Disorders

The Speech and Hearing Clinic opened January 29, with over 80 clients being served during the spring 2018 semester. Forty-five graduate students and 16 senior-level students provide services in the clinic, area public schools, and Early Head Start. Evening clinic hours on Tuesday and Thursday are supervised by temporary instructors, Samantha Bishop, M.A., CCC-SLP and Susan Drew, M.S., CCC-SLP.

Fifteen CMDS graduate students are on public school and/or hospital internships during the spring 2018 semester.

The CMDS department welcomed 14 new students into the master's program this spring. The new students came from undergraduate institutions including Truman, University of Wisconsin at Whitewater, Augustana College, and California State University at Fullerton.



Dr. Lisa Goran, Bridget Conant, and Amy Liebler accompanied 12 CMDS undergraduate and graduate students, January 7 – 14, to Puerto Vallarta, Mexico. Participants in the CMDS Study Abroad Program, Communication Disorders Experience in Mexico, provided consultation, screening, and speech-language enrichment at the Refugio Infantil orphanage/school and the Pastitos de Luz, a day care center serving children with disabilities.

Education



“My name is Sarah Wilkins and I am excited to be co-teaching ED 388 with Mrs. Harding this semester. I am originally from Dardenne Prairie and graduated from Fort Zumwalt West High School in 2014. As an undergraduate at Truman I participated in Sigma Kappa, Kappa Delta Pi, Student Activities Board, and Campus PALS. I graduated with my Psychology degree in May of 2017 with honors. I am eager to be back on Truman's campus serving as a GTRA after completing my student teaching last semester. I had the privilege of interning at Warren Elementary in the Francis Howell School District. I was placed in a 3rd grade classroom where I had the opportunity to teach math, reading, writing, spelling, science, health, and social studies. I loved spending each day with my 23 amazing students and watching them grow as learners! Although it was nice being back home, I am ready to return to Kirksville for my final semester of the MAE Program.”



Elizabeth King is a GTRA in the Field Experiences Office this semester. She is a graduate student pursuing her MAE in Elementary Education and will start her internship next fall near her hometown of Washington.

Ms. King graduated this past December with a Bachelor of Science in Biology and will be certified to teach middle school math and science, as well as high school biology. Currently, she is the president of the Student Missouri State Teachers Association and Kappa Delta Pi Honor Society in Education. Elizabeth's passion doesn't stop at teaching or the sciences. She also loves the arts. She runs her own baking business *Sweet Elizabeth's Bake Shop* in her hometown and sells her artwork and paintings on Etsy in her shop, *Lilacs and Rosemary*.

As a teacher, Elizabeth wants to encourage her students to pursue their passions and not simply focus on what they are good at, but what they love, even if there is some risk involved. She wants to provide these opportunities for students within the school setting and send the message that they do not have to be confined to one area of interest. Elizabeth said, “Teaching, baking, and painting together make up who I am. Without any one of these passions of mine, I cannot be my true self.”

Talents should be shared with and help to inspire others. Elizabeth believes there is no better way to express this message to her students than by exemplifying it herself.

Suzanne Hull from DESE visited the Department of Education, in November, when she met with faculty, Advisory Board members, local administrators, RPDC staff, and several students.

Dr. John Jones moderated a session entitled "Inclusion and Equity in Mainstream and Special Education" at the History of Education Society annual conference, in November, in Little Rock, Arkansas.



Twenty-four capstone students in the Disability Studies minor presented their projects in December. Disability Studies is the cultural study of disability and is a thriving minor at Truman, with 161 students. Capstones take the forms of service-learning, literary inquiries, research projects, or arts. Pictured left are the MAE-bound students also pursuing the Disability Studies minor who attended the fall capstone presentations.

Department of Classical & Modern Languages, Department of English & Linguistics and Second Language Acquisition Colloquium present

for•WORDS
An English & Linguistics Events Series

Integrating

Effective Vocabulary Instruction in CLT, TBI, and CBI

Dr. Joe Barcroft

Washington University in Saint Louis

Tues. | Feb. 20, 2018 | 5:00 pm | Baldwin Hall 114



Health and Exercise Sciences

Students in Dr. Janice Clark's HLTH 362 Environmental Health course were given a creative recycling / reuse assignment last fall. Students gave used items a "second life" beyond their primary or intended purpose. They were instructed to create a usable home / office product or a decorative / art item from used materials. The Second Life product was required to become something entirely different from the purpose of the original item(s). Items made by students include: dog bed from wood pallet (Ian Niccum); luminaires from tin cans (Alexis Bordewick); decorative string lights from soda cans (Emma Wray), reusable cloth produce bags from old sheets (Clare Bolesta); milk can end table (Josh Pearson); boot dryer tray from five gallon bucket and stucco mesh (Megan Meyer); tire ottoman (Kayli Miller); mug holder & shelf from wood pallet (Taylor Skibinski); jewelry rack from old wood clothes drying rack (Bethany Johnson); cat bed from laundry basket and old sheet; coat hook from used lumber (Jared Beck); card / picture holder from old window frame (Jessi Falvey); outdoor cat bed / box from old book shelves (Marisa Meiners); coat & key rack & cat palace from wooden chair (Alexandra Brown); and fleece foot stool from wooden spool (Hayley Mills). Class members spent a week displaying their Second Life projects in the Student Union Building and in Magruder Hall. They encouraged students, faculty, and staff to vote for their favorite Second Life items. The results of the voting are: Most Creative Use of Materials Tie vote: jewelry hooks from bent forks (Emily Buechler) and coat & key rack & cat palace from wooden chair (Alexandra Brown); Most Unusual Item (most unique change from 1st to 2nd life): tire ottoman (Kayli Miller); Most Practical Item (simple, yet effective): mug holder & shelf from wood pallet (Taylor Skibinski). The Second Life items were also on display in the lobby of the Pershing Building during the Health Science Celebration Day.

To create a Second Life item, search the web for ideas. Try key words of "upcycled," or "repurposed" ideas / art. Also, explore www.recyclethat.com and Pinterest for ideas.





Upper-level Health Science students held a Celebration Day in December to display/present their course work and projects completed during the fall semester. Throughout Pershing Building were displays, posters, and presentations. The following activities were presented: HLTH 349 Research Methods students' research project posters; HLTH 362 Environmental Health display of Second Life projects; HLTH 405 Global Public Health issues poster; HLTH 410 Health Communications posters and presentations for their future capstone projects; HLTH 440 Program Implementation and Evaluation Showcase presentations of students' Capstone projects; HLTH 460 Health Science Internship posters explaining their 6-credit hour projects and activities. Students in other Health Science courses had the opportunity to view the posters, ask questions, and attend the presentations. They learned about the course projects they will be assigned in the future and were able to gain insight to how the HLTH 366, HLTH 410, and HLTH 440 align for the capstone project. The next Health Science Celebration Days are scheduled for Friday, April 27, with the HTLH 440 Showcase presentations set for May 1 and 3.



Health Science students in fall HLTH 440 Program Implementation and Evaluation presented their capstone projects in December as follows: Jessi Falvey & Nicole Sparks: HLTH 255 & HLTH 290 Teaching Assistants; Aviance Webb & Mitchell Schroeder: Dental Health for Pre-K & K Students; Shayda Afrassiab: Matter of Balance Classes; Hyerin Kim & Raven Eisenberger: Sustainability Week; Chaney Cooper: HLTH 405 Teaching Assistant; Ikeolu Oladipo: HLTH 195/198 Research Project; Kiley Vineyard & Jace Galang: Buddy Pack Coordinators; Hannah Denkler, John Frost, & Ben Peters: Ability Inclusion Week. Students select their capstone projects during HLTH 366 Health Assessment and Planning, taught by Dr. Alicia Wodika, and begin the initial planning. In HLTH 410 Health Communication Methods, taught by Dr. Nancy Daley-Moore, students develop their advertising and social media plans. Then, in HLTH 440, taught by Dr. Janice Clark, students complete their campus/community health projects.



Chaney Cooper, Health Science Senior, attended the MOAHPERD convention, in November, in Lake of the Ozarks. Chaney made a poster presentation about her summer 2017 internship at Gateway to Hope, titled *Sustaining Non-Profit Organization Services for Breast Cancer Patients*. Chaney also attended the banquet and received the Outstanding Future Professional in Health Science award. Chaney is completing her final semester as a Truman student participating in the Missouri Government Internship in Jefferson City.



TruLifesaver

American Heart Association Basic Life Support Course



American Heart Association®

Learn and Live

The Basic Life Support (BLS) class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Certification is good for 2 years

Our course includes the following for an adult, child, and infant:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- Differences between rescue techniques
- 1-Rescuer CPR and AED
- 2-Rescuer CPR and AED
- Bag-mask techniques
- Rescue breathing
- Relief of choking

Instructors:

Liz Jorn and Jana Arabas
Truman State University
Department of Health and Exercise Science

Date & Time:

Sunday, March 25, 1-6 pm
Wednesday, April 11, 5-10 pm
Thursday, April 12, 5-10 pm
Monday, April 16, 5-10 pm
Tuesday, May 1, 5-10 pm

Location:

Health Science 1206 - CPR Lab
Truman State University

Cost: \$70.00

Cost includes all instruction, materials and two year certification with the American Heart Association

To Register:

Visit institute.truman.edu/trulifesaver and complete the online registration form. You may email us at institute@truman.edu or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

Institute for Academic Outreach

P: 660-785-5384

F: 660-785-7202

institute@truman.edu

Faculty Fellow Ms. Evonne Bird will present *Is Your Classroom Truly Well?*, Tuesday, February 13, 12:00 p.m. - 1:00 p.m., SUB Alumni Room. Many professors create a syllabus and consider how it impacts the class. Few spend time contemplating how classroom rapport and professor demeanor impact the wellness of the learning environment. Come learn some strategies for shaping a healthy learning environment from the syllabus to the final grade. Lunch will be provided. Please RSVP by Monday, February 12 at noon: [Truly Well RSVP](#)

Ms. Evonne Bird and Dr. Brenda Higgins will co-chair the JED Campus committee. JED Campus is an initiative of The Jed Foundation (JED) designed to guide schools through a collaborative process of comprehensive systems, program and policy development with customized support to build upon existing student mental health, substance abuse and suicide prevention efforts.



Senior health science students, Emily Flecke, Marisa Meiners, and Swati Patel, committed themselves to making a positive impact on Truman student mental health challenges by pilot testing a semester-long “Mindful Moments” student-led course with faculty supervision as their capstone project. This HLTH 198L course introduces a mindful approach to activities such as breathing, walking, yoga, meditation, and stretching. Both mental and physical health will be addressed. Sixteen junior and senior students are enrolled.



Hannah Livsey, HS major, completed a study abroad semester during the fall of 2017 in Prague, Czechoslovakia. She returned to the United States just before Christmas and is completing her final semester at Truman before graduation in May.

Nursing



Students from NU485 Rural Public Health Nursing toured the State Public Health Laboratory in Jefferson City last October, as an elective clinical experience. Students learned about the micro-biology, HIV/syphilis testing, PKU newborn testing, rabies, environmental food safety, animal/agriculture testing as well as tour the Level 3 facility, which looks into the more serious infectious disease microorganisms and outbreaks such as Ebola. Students noted that they enjoyed the tour and it helped them learn more about services available to promote and safeguard public health. Pictured are ABSN students ('17) Samantha Hepperman-Floyd, Shelby Partridge, Katie Burch, Jenni Whicker, Susana Merrick, and Jeremy Jorden.



Truman nursing and ATSU-KCOM medical students participated in an interprofessional education (IPE) collaboration simulation at the Drabing Human Patient Simulation Center, last November, on ATSU's campus. Medical and nursing students were paired up to care for a patient in the ER experiencing pulmonary edema while focusing on interprofessional communication and teamwork. The simulation was planned and executed by Ms. Pamela Melvin and Ms. Lisa Archer, Truman BSN alum and Director of Simulation & Performance Assessment at ATSU. After the simulation, students had a debriefing session to review their performance with a focus on how well they communicated and collaborated to provide quality care.



The Department of Nursing held its annual Fall Capstones in Nursing last December. Students in NU 410 Introduction to Nursing Research design a research study throughout the semester. The students' research proposal is presented as the capstone experience for Nursing. Thirty-two students gave either oral (podium) or poster presentations. The event was attended by nursing students from all levels, nursing faculty members, staff, friends of the presenters, as well as emeritus faculty Dr. Stephen and Kit Hadwiger.

Regional Professional Development Center

The 2017-2018 Pathways for Teachers Externship is underway with 21 educators (counselors, teachers, and administrators) from Green City, Kirksville, Newtown-Harris, Northeast Randolph County, and Schuyler taking part. The program is funded through a grant from the Department of Elementary and Secondary Education, which Ms. Polly Matteson, RPDC Career Pathways Consultant/Advisor and Kirksville Area Technical Center received. The focus of this year's grant is on Agriculture and Technology, with the goal of exposing educators to the diverse career opportunities and skills employees need to be successful. Four sessions will include visits to businesses, panel discussions, and school visits, followed by two sessions focused on collaborative efforts to create curriculum that incorporates the development of skills employers consistently say they look for when hiring: teamwork, communication, problem-solving, leadership, initiative, and work ethic. Externship session schedule: December, January, February, March, May.



Ag Professional Panel



Western's Smokehouse



John Deere



Culinary Arts Program, Indian Hills Community College

D.A.R.T.S.
DISCOVERING ALTERNATIVE ROUTES TO SUCCESS
 Hosted by: NE Regional Professional Development Center

03.21.18
 8:30 AM-2:30 PM | WEDNESDAY
 STUDENT UNION BUILDING
 TRUMAN STATE UNIVERSITY

A non traditional career exploration event for 7th Graders

The Missouri Department of Elementary and Secondary Education and Ms. Polly Matteson, the Northeast Regional Professional Development Center (RPDC) Career Consultant/Advisor, have partnered with Truman State University to present Discovering Alternative Routes to Success (D.A.R.T.S.) for seventh graders. March 21, 2018 is the date when a large number of seventh grade students from area schools will come to the Truman campus to explore diverse career paths through hands-on, interactive table exhibits in the SUB, with an emphasis on what is often thought non-traditional based on gender. Each student will take the Missouri Connections Career Cluster Inventory ahead of the event which will give a better idea of the diversity of career options in different paths. Exhibitors will represent careers with varied levels of required post-secondary educational requirements, from certifications through four-year college and beyond. In addition to visiting the Exhibit Hall in the SUB Georgian Room, the planetarium staff will show a short video, and Admissions student ambassadors will be available to give short tours of campus. Based on initial responses, the estimate is about 400 students to take part in D.A.R.T.S., which will consist of a morning and afternoon session. Assisting with the event preparation, logistical details, and serving as guides during the event will be Truman student groups and classes.

Tenth Annual Language & Literacy Conference

Friday, April 27, 2018, 9:00 a.m. – 3:00 p.m.

A workshop for speech-language pathologists, general education teachers, special education teachers, reading specialists ... and more!

Featuring Dr. Christina Carnahan
and Dr. Pam Williamson
Authors / Editors of "Quality
Literacy Instruction for Students with
Autism Spectrum Disorders"

Truman State University
Student Union Building Georgian Room
901 South Franklin Street, Kirksville, MO

SCHEDULE:

9:00 – 10:30 presentation
10:30 – 10:45 break
10:45 – 12:00 presentation
12:00 – 1:00 lunch (on your own)
1:00 – 3:00 presentation

To register: <http://www.truman.edu/?p=22994>

E-Mail: monad@truman.edu

Registration fee: \$50.00 for professionals;

\$10.00 for students

ASHA CEU approval pending.



Dr. Christina R. Carnahan is an associate professor of special education within the School of Education in the College of Education, Criminal Justice, and Human Services at the University of Cincinnati, where she teaches undergraduate and graduate courses in the field of moderate to intense disabilities. She is also the director of Advancement and Transition Services within the school. Dr. Carnahan's research interests include building communication and literacy for individuals with autism spectrum disorders and developmental disabilities, and creating efficient and effective instruction and support practices across the lifespan. She has published in journals including *Exceptional Children*, *Journal of Special Education*, and *Focus on Autism and Developmental Disabilities*.



Dr. Pamela Williamson is an associate professor at the University of North Carolina at Greensboro. She has experience working with individuals with autism and their teachers in the area of reading intervention and instruction. Dr. Williamson has published numerous peer-reviewed articles related to reading and autism in journals such as *Exceptional Children* and *Teaching Exceptional Children*. In addition, she is the co-editor of an award-winning textbook, *Quality Literacy Instruction for Students with Autism Spectrum Disorders*, and has trained in-service educators, related service personnel, and families on this topic across the U.S.

Hosted by the Truman State University School of Health Sciences and Education,
Department of Communication Disorders, and Department of Education

Calendar of Selected Upcoming Events

- February 3, Saturday: Board of Governors Meeting
February 3, Saturday: Admission Office Saturday Prospective Student Visit Day
February 8, Thursday: Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
February 13, Tuesday: President Thomas' All-University Address, 3:00 p.m., SUB Georgian Rooms
February 17, Saturday: Admission Office Saturday Prospective Student Visit Day
February 17, Saturday: Lyceum, Golden Dragon Acrobats
February 21, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
February 22, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
February 23, Friday: Student Research Conference Submissions Due on Conference Website
- March 2, Friday: SHSE Mission Award Nominations Due by Noon
March 3, Saturday: Admission Office Saturday Prospective Student Visit Day
March 7, Wednesday: First Block Classes End
March 8, Thursday: Second Block Classes Begin
March 8, Thursday: Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
March 12 – 16, Monday – Friday: Spring Break
March 21, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
March 22, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
March 22, Thursday: SHSE Mini-Research Conference, 3:00 p.m., VH 1010
March 24, Saturday: Admission Office Saturday Prospective Student Showcase Day
- April 2, Monday: Term Break (ends at 5:00 p.m.)
April 5, Thursday: Student Research Conference
April 7, Saturday: Admission Office Saturday Prospective Student Visit Day
April 12, Thursday: Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
April 14, Saturday: Board of Governors Meeting
April 18, Wednesday: Graduate Council Meeting, 3:40 – 4:40 p.m.
April 26, Thursday: Faculty Senate Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
April 27, Friday: Tenth Annual Language and Literacy Conference, 9:00 – 3:00, SUB Georgian Rooms
April 28, Saturday: Admission Office Saturday Prospective Student Showcase Day
- May 3, Thursday: Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105
May 4, Friday: Last Day of Spring 2018 Semester Classes
May 7, Monday: First Day of Finals
May 9, Wednesday: Reading Day
May 10, Thursday: (Old) Faculty Senate Meeting, 3:30 – 5:30 p.m., SUB Alumni Room 2105
May 10, Thursday: (New) Faculty Senate Meeting, 5:30 – 6:00 p.m., SUB Alumni Room 2105
May 11, Friday: Last Day of Finals
May 11, Friday: Academic Honor Awards Assembly, 5:00 p.m., SUB Georgian Rooms
May 12, Saturday: Commencement, 2:00 p.m., Stokes Stadium
May 12, Saturday: May Interim 2018 Begins
May 26, Saturday: May Interim 2018 Ends
May 28, Monday: Memorial Day Observed, University Closed
May 29, Tuesday: First Five-Week and Ten-Week Classes Begin
- June 4, Monday: Eight-Week Classes Begin
June 16, Saturday: Board of Governors Meeting
June 29, Friday: First Five-Week Classes End

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of
Health Sciences & Education*