

HUMAN POTENTIAL AND PERFORMANCE DIVISION
2003-2005 CATALOG UPDATE
Changes effective 2004-2005

Communication Disorders

Degree Program Update:

In addition to the 33 hours of Major Requirements listed in the 2003-2004 General/Graduate Catalog, CMDS 101 Clinical Observation I (0.5 hours) and CMDS 301 Clinical Observation II (0.5 hours) are required for both the BA and BS degrees.

New Courses:

CMDS 101 Clinical Observation I (0.5 hours)

Observation of speech, language, and hearing screening, evaluation, and therapy conducted in the Truman State University Speech & Hearing Clinic. Course completion requires fifteen (15) hours of observation. Pass/Fail grading will be used. Normally taken first semester of freshman year. CMDS majors only.

CMDS 301 Clinical Observation II (0.5 hours)

Observation of speech, language, and hearing screening, evaluation, and therapy conducted in the Truman State University Speech & Hearing Clinic. Course completion requires ten (10) hours of observation. Pass/Fail grading will be used. Normally taken first semester of junior year. Prerequisites: CMDS 101 or division head's permission. CMDS majors only.

Exercise Science

New Course:

ES 149 Mountain Biking (0.5 hours)

This course is designed to introduce the student to mountain biking. Aspects of mountain biking for safely climbing, descending, and general trail riding on single track and fire roads will be incorporated. Effective power generation, anaerobic endurance, and aerobic endurance will be discussed. Techniques for special trail condition riding such as traversing fallen trees and climbing or descending over trail obstacles will be experienced. Other topics will include training programs for in-season and off-season (both on the bike and off the bike), bike upgrades and replacements, and bike maintenance. Student must provide his/her own mountain bike. Instructor reserves the right to request disenrollment if, in his/her opinion, the bike is viewed as being unsafe.

Changes to Existing Courses:

ES 130 Beginning Swimming will no longer have the \$2 course fee.

ES 131 Intermediate Swimming will no longer have the \$2 course fee.

ES 134 Lifeguard Training Instructor will no longer have the \$4 course fee.

ES 135 Water Safety Instructor will no longer have the \$4 course fee.

ES 205 Community First Aid & CPR

Course designed to teach standard First Aid and personal safety skills as well as Cardiopulmonary Resuscitation. becomes:

ES 205 First Aid and CPR

Course designed to teach American Red Cross First Aid, Cardiopulmonary Resuscitation, Preventing Disease Transmission, and using an Automated External Defibrillator.

ES 291 Athletic Training Practicum: Upper Extremity becomes:

ES 291 Athletic Training Practicum II

This course is designed to give students the opportunity to utilize their classroom knowledge in a practical, equipment-intensive setting. This course is designed to be taken concurrently with ES 280 Principles of Athletic Training, where students will learn the concepts and skills of injury prevention and care. This course will provide students with the opportunity to obtain directed equipment-intensive clinical experience in an athletic setting. This experience will take place before, during, and after practices and games of the Truman State University football team. Students will practice their skills relating to taping, emergency procedures, equipment, environmental concerns, and emergency plans. Emphasis is placed on the evaluation of skills as defined by the clinical proficiencies delineated and published by the Education Council of the National Athletic Trainers' Association. Prerequisite: ES 290.

ES 391 Athletic Training Practicum: General Medical becomes:

ES 391 Athletic Training Practicum IV

This course is designed to give students the opportunity to utilize their classroom knowledge in a practical setting. This course is designed to be taken concurrently with ES 435 Athletic Training Room Management. This course will provide students with the opportunity to obtain directed experience involving injury evaluation and administration while in an athletic setting. Students will become more proficient in injury evaluation, discrimination of appropriate special tests, and interpretation of evaluation results. This experience will take place before, during, and after practices and games of the Truman State University teams (in a sport which emphasizes either upper or lower extremity). Emphasis is placed on the evaluation of skills as defined by the clinical proficiencies delineated and published by the Education Council of the National Athletic Trainers' Association. Prerequisites: ES 390, ES 433, and ES 436.

ES 431 Injury Care for Active People will no longer have the \$5 course fee.

ES 502 Social Problems in Sport (prerequisite: ES 270) becomes:

ES 502 Social Problems in Sport (prerequisites: ES 247 and ES 270)

ES 503 Exercise and Sport Psychology (prerequisite: ES 270) becomes:

ES 503 Exercise and Sport Psychology (prerequisites: ES 247 and ES 270)

ES 650G Individual Study in Health/Exercise Science (3.0 credit hours) becomes:

ES 650G Individual Study in Health/Exercise Science (variable credit hours up to 3.0; option to repeat)

Health Science

New Courses:

HLTH 195 Lifetime Health and Fitness (1.5 hours)

The purpose of this course is to integrate material from human physiology, psychology, sociology, and nutrition to present an interdisciplinary framework for disease prevention and health promotion. The course focus is to promote a behavioral lifestyle change in which students integrate into their lives patterns of physical activity, health, and well-being. Concurrent enrollment in HLTH 196 required. This course in conjunction with HLTH 196 fulfills the Personal Well-Being requirement of the Liberal Studies Program.

HLTH 196 Lifetime Physical Activities (0.5 hours)

This course is designed to introduce the student to a pattern of lifetime fitness and physical activity through a variety of activity modes. Regardless of activity mode, concepts of aerobic and anaerobic conditioning techniques will be explored. Where appropriate, issues of safety, equipment, theory, technique and other factors will be introduced. Concurrent enrollment in HLTH 195 required. This course in conjunction with HLTH 195 fulfills the Personal Well-Being requirement of the Liberal Studies Program.

Eliminated Course:

HLTH 194 Lifetime Health and Fitness

Nursing

New Course:

NU 440 NCLEX-RN Review (1 hour)

An elective course offered to senior nursing majors to prepare for national licensure exams (NCLEX-RN). Independent organization of learning activities to accomplish objectives mutually agreed upon by student and instructor. May be repeated for up to 3 credit hours. Prerequisites: senior status in the nursing program and instructor's approval.

Change to an Existing Course:

NU 180 Introduction to Human Care Nursing (restriction: include Nursing) becomes:

NU 180 Introduction to Human Care Nursing (no restrictions)