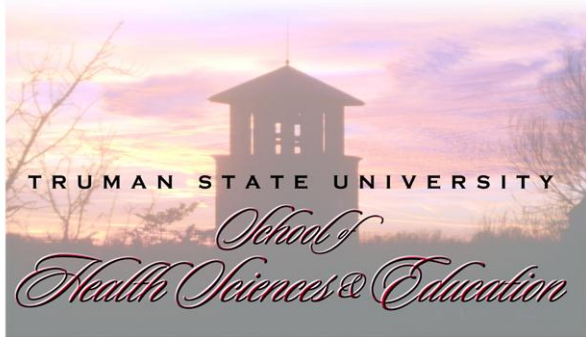


# MAY 2015 NEWSLETTER



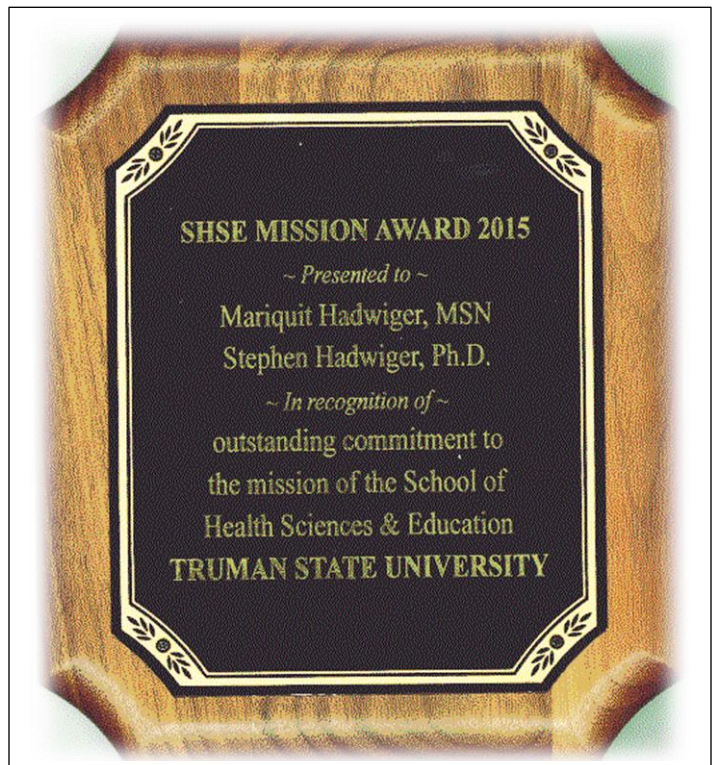
## The SHSE Administrative Team

**Janet L. Gooch, *Dean***  
**Paula Cochran, *Chair of CMDS***  
**Mona Davis, *Assistant to the Dean***  
**Roberta Donahue, *Chair of HES***  
**James Judd, *Director of the RPDC***  
**Pete Kelly, *Chair of Education***  
**Stephanie Powelson, *Chair of Nursing***

## Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

I'm not sure how many of you actually read the newsletter or my message, but I'm hoping I caught at least some of you with this initial statement. If you are not a "routine" reader, I highly encourage you to read this issue or at least scroll through the pictures. The number of outstanding activities and accomplishments that the school, departments, faculty, staff, and students have participated in is overwhelming. One example after the next demonstrates how our school "lives out" the missions of our School and University and contributes to exemplary learning for students. If you read the newsletter, you can't help but reflect on the time, the energy, and the passion that have been offered by all involved. The SHSE had an outstanding year! Faculty and staff, as the year comes to a close, be sure to celebrate in the many successes of our students, whether through attendance at award ceremonies, research presentations, capstone presentations, and/or graduation. The success of our students represents in part, the success of our faculty and staff in doing our work and doing it well. I want to say thank you to each of you as we close out another academic year – thank you for your time, your service, and your commitment to student success. A special thanks to our department secretaries – Connie, Dean, Brenda, Cinda, and especially to Mona, for without Mona, there would be no newsletter. My best for a restful and playful summer – keep on with all you do, and thank you.

Congratulations to Dr. Stephen Hadwiger and Ms. Mariquit Hadwiger, who were awarded the inaugural **School of Health Sciences and Education (SHSE) Mission Award**, April 30. The award was established this academic year by Dr. Janet L. Gooch to honor a faculty member in the School who has distinguished her / himself by participating and excelling in activities that model the mission of the School. In the nomination, the submitter wrote, "Kit and Steve are worthy recipients of this award, making countless contributions to the SHSE, Department of Nursing, University, and beyond through teaching, scholarship, and service. Kit and Steve are excellent models of the SHSE mission." The Hadwigers received plaques and are eligible for reimbursement up to \$500.00 for an activity or resource (e.g., travel, equipment, books) that will further their work / development and help them continue to model the SHSE mission.



## May 2015 Commencement

Commencement ceremonies for the Truman May Class of 2015 will be held Saturday, May 9. Of the 1058 candidates (as of this writing), 293 ( $\approx 28\%$ ) are from the School of Health Sciences and Education. The Registrar Office reports the following numbers:

The Communication Disorders (CMDS) Department has 40 candidates: 9 for Bachelor of Arts (BA), 19 for Bachelor of Science (BS), and 12 for Master of Arts (MA) in CMDS.

The Education Department anticipates 58 graduates from the Master of Arts in Education (MAE): 32 in Elementary Education, 9 in English, 2 in Exercise Science, 4 in History/Social Science, 2 in Music, 1 in Science, 4 in Special Education, and 4 in Visual Arts.

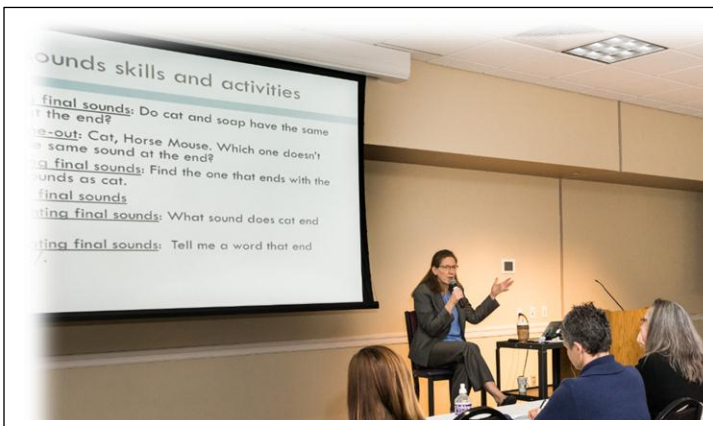
Health and Exercise Sciences has 6 candidates for the BS in Athletic Training, 94 for the BS in Exercise Science, and 51 for the BS in Health Science.

Nursing expects to graduate 44 with the BS in Nursing.

The SHSE May graduates include 7 valedictorians, 11 summa cum laude, 21 magna cum laude, and 42 cum laude.

## Seventh Annual Language and Literacy Conference

Dr. C. Melanie Schuele, Associate Professor from Vanderbilt University School of Medicine, Nashville, Tennessee, was the featured speaker at the Seventh Annual Language and Literacy Conference, April 24. Dr. Schuele's topic was "Phonological Awareness: Making a Difference in Children's Reading and Writing." The event was attended by college professors and students, general education teachers, special education teachers, speech-language pathologists, and others who learned to improve children's phonological awareness to help build foundational reading and writing skills like decoding and spelling.



## Communication Disorders

During the 2015 Truman Academic Accolades Banquet, March 31, the CMDS Department was chosen for the 2015 Department of the Year Award. Dr. Julia Edgar was also recognized as a finalist for the 2015 Outstanding Research Mentor of the Year. Other awards presented included the Educator of the year award. SHSE was well represented in nominations and finalists.

Truman's 28<sup>th</sup> Annual Celebration of Student Research Conference featuring the work of Truman undergraduate and graduate students, was held April 14. The following students in Communication Disorders made presentations: *Exploring New Methods of Early Head Start Screenings*, Elizabeth Schwartz, Emma Trenhaile, and Jacqueline "Tori" Gambino, Dr. Ilene Elmlinger and Dr. Janet Gooch, Faculty Mentors; *Early Head Start Screenings: A Comparison of Guardian and Teacher Report with ELM- 2 Formal Screening Results*, Michelle S. Krahenbuhl and Hannah L. Mahon, Dr. Ilene Elmlinger and Dr. Janet Gooch, Faculty Mentors; *The Optimal Duration of a Service Learning Project in the Field of Communication Disorders*, Meghan E. Crider, Rachel J. Meinert, and Elizabeth M. Grothoff, Dr. Ilene Elmlinger and Dr. Janet Gooch, Faculty Mentors; *Effects of Education on Choosing to Use Hearing Protection*, Elizabeth K. Marler, Dr. Ilene Elmlinger, Faculty Mentor; *The Effects of Yoga vs. Straw Phonation on Voice Quality*, Christina C. Jones, Callie L. Templeton, and Madison H. Kusmec, Dr. Julia D. Edgar, Faculty Mentor; *Clinician Impressions of Using QR Materials in Therapy*, Lauren E. Schmuke, Caitlin Dempsey, Madeline A. Elliott, Mackenzie Jones, Mary Kabbaz, Michelle S. Krahenbuhl, Maddison H. Kusmec, Cori McGownd, Anna Schmid, Kaytlin Tippin, and Kaylie Tuttle, Dr. Paula Cochran, Faculty Mentor; *Health Professions' Student Attitudes on Working with Older Adults*, Katie G. Shannon and Kaitlyn M. McManus, Dr. Julia D. Edgar and Dr. Carol Cox, Faculty Mentors; *Noise-Induced Hearing Loss: Awareness and Prevention*, Brittney M. Swope, Elizabeth K. Marler, Patricia M. Woods, Anna Schmid, Nora L. Hackmann, Lydia G. Nagel, Shelby L. Arnold, Madison Cowart, Amanda Odle, Tess Johnson, Colleen Dorsey, Nichole Wellhausen, and Holly Fain, Dr. Julia D. Edgar, Faculty Mentor; *Speaking Up for the Voice*, Madeline A. Elliott, Kaylie Tuttle, Rachel J. Meinert, Taylor C. Shields, Sara A. Saulich, Ann T. Strickert, Adrienne L. Hamlin, Meghan E. Crider, Madison Ogbomo, Emma Trenhaile, Rebecca Ross, and Peppy Ceresia, Dr. Julia D. Edgar, Faculty Mentor.

Ms. Melissa Passe attended the annual meeting of the Council for Academic Programs in Communication Sciences and Disorders, April 15-18, in New Port Beach, California. While there she presented on two topics entitled "The 2015 Council for Clinical Certification in audiology and speech-language pathology update" and "An insider's view of the regenerated audiology and SLP Praxis tests."

Faculty and students presented at the MSHA Convention, April 16-19, at Tan-Tar-A Resort, Osage Beach. Presentations included: *Tools for Success in Early Head Start Screening*, Jacqueline Gambino, Emma Trenhaile, Elizabeth Schwartz, Supervisor Ilene Elmlinger (This presentation won **the award for Best Undergraduate Technical Session.**); *Comparison of Guardian and Teacher Report With EHS Screening Results*, Hannah Mahon, Michelle Krahenbuhl, Supervisor: Ilene Elmlinger; *Attitudes Toward Disabilities Among Speech-Language Pathologists and Educators*, Miranda McMahan, Supervisor: Janet Gooch; *Effects of Education on Choosing to Use Hearing Protection*, Elizabeth Marler, Supervisor: Ilene Elmlinger; *When Pictures Aren't Enough: Using QR Codes in Language Therapy*, Mackenzie Jones, Lauren Schmuke, Mary Kabbaz, Michelle Krahenbuhl, Madeline Elliott, Anna Schmid, Kaytlin Tippin, Caitlin Dempsey, Kaylie Tuttle, Supervisor: Paula Cochran; *The Optimal Duration of a Service-Learning Project in the Communication Disorders Field*, Meghan Crider, Elizabeth Grothoff, Rachel Meinert, Supervisor: Ilene Elmlinger; *Attitudes of Health Professions Students on Working With Older Adults*, Katie Shannon, Supervisor: Julia Edgar; *Carryover Effects of DAF on Rate Reduction in Dysarthria Therapy*, Brittany Pallme, Supervisor: Julia Edgar; *Computer-Based Cognitive Training on Processing Time in Individuals With TBI*, Mikail Brown, Supervisor: Julia Edgar; *Effect of Objects on the Communication of an Aphasia Client*, Megan Zelhart, Supervisor: Julia Edgar; *Effect of Using a Mirror on Consonant Production*, Megan Illy, Supervisor: Dr. Paula Cochran; *The Effect of VisiPitch Biofeedback on Production of Vowels*, Alaine Beeler, Supervisor: Julia Edgar; *The Effect of Yoga vs. Straw Phonation on Voice Quality*, Callie Templeton, Madison Kusmec, Jones Christina, Supervisor: Julia Edgar; *The*

*Effects of Phonemic Cueing Videos on Words*, Abigail Bockhaus, Supervisor: Paula Cochran; *The Effects of Positive Reinforcement on Spontaneous Verbalizations*, Kylie Warner, Supervisor: Paula Cochran; *Technology Update for SLPs Working With Kids*, Paula Cochran; *Using Telepractice for Treating Adults With Communication Disorders*, Lyanne Riley, Harry S. Truman Memorial Veterans Hospital and Judy Johnson.

The Communication Disorders faculty sponsored the eleventh annual TruBash, a gathering for Truman alumni and friends, April 17, at the MSHA Convention. TruBash has been a very successful reunion event. This event is a good opportunity for faculty, former students, and current students to “catch-up.” Food, snacks, beverages, and door prizes were provided.

Kelsey Aurand de Razo was chosen as the Missouri Speech-Language-Hearing Association (MSHA) Outstanding Graduate Student. Kelsey received her Master of Arts degree in Communication Disorders from Truman State University in December, 2014.

CMDS Graduate Students Brianna Betzen, Kylie Warner and Ariel Hageman, have been awarded the Early Childhood Learning Center (ECLC) Positive Behavioral Support (PBS) Prestigious Prize for all their hard work in learning PBS and implementing it. They consistently use positive language in all aspects of their therapy and reinforce positive behavior with stickers and tokens while seamlessly maintaining the flow of therapy

The Communication Disorders Department will hold its annual Graduating Student/Awards Ceremony and Luncheon on May 1. During this ceremony, students are recognized for their outstanding achievements. Also, various community individuals who have assisted the Communication Disorders Department and Speech and Hearing Clinic are recognized during this ceremony. Congratulatory wishes are extended to all students (both undergraduate and graduate) who are graduating.

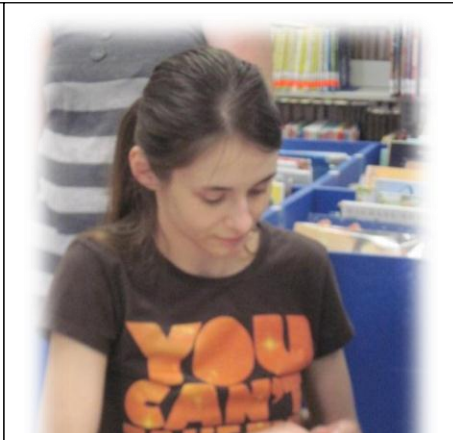
Communication Disorders faculty will accompany 25 undergraduate and graduate students to Puerto Vallarta, Mexico May 17 - 25. Participants in the Communication Disorders Experience in Mexico will provide consultation, screening, and speech-language enrichment at the Refugio Infantil Santa Esperanza orphanage / school and the Pasitos de Luz (a day care center serving children with disabilities). Individuals who would like to make a donation of small toys, games, and books should contact Ms. Andrea Richards [arich@truman.edu](mailto:arich@truman.edu).

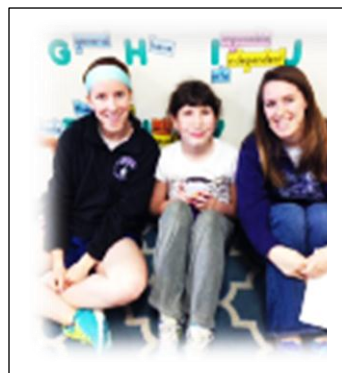
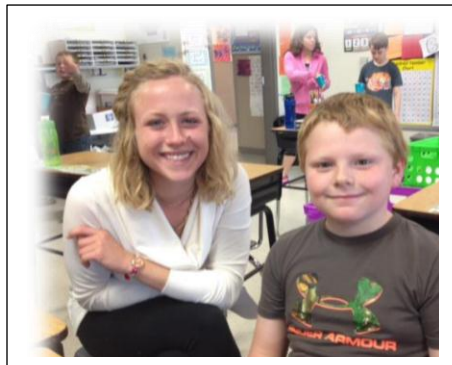
## Education

Dr. Pete Kelly was elected to the board of the Missouri Association of Colleges of Teacher Education. He will serve a three year term and will represent public colleges and universities in the state.

Dr. Lisa Goran has been awarded a mini-grant from the Early Career SIG funded by the Teacher Education Division of the Council for Exceptional Children entitled Partnerships for Effective Research (Project PER). Project goals are focused on enhancing and expanding the Teacher Education Division’s efforts to develop collaborative relationships among individuals at institutions of higher education.

Students from the Management of Instruction: Secondary English course and Truman volunteers hosted a day of fun, food, and factions at the Adair County Public Library on Saturday, April 11. The day featured activities inspired by the popular book, *Insurgent*, which has recently been made into a movie. Eight elementary and middle school students participated in writing letters to soldiers serving overseas, making friendship bracelets and key chains, and competing in rounds of relay races. The day concluded with the kids concocting their own shades of icing for individual cupcakes and a Truman student led book talk of texts similar to *Insurgent*. Truman students involved in the day's event included: Mary Kate Benedick, Grace Cripps, Haley Hunter, Rachel Knox, Tori Palumbo, Amanda Robison, Sarah Rybkowski, Kevin Manley, Jamie Miller, Michelle Hadler, Janae Fritze, and Maddie Barrow. *The library—“too powerful to remain caged.”*



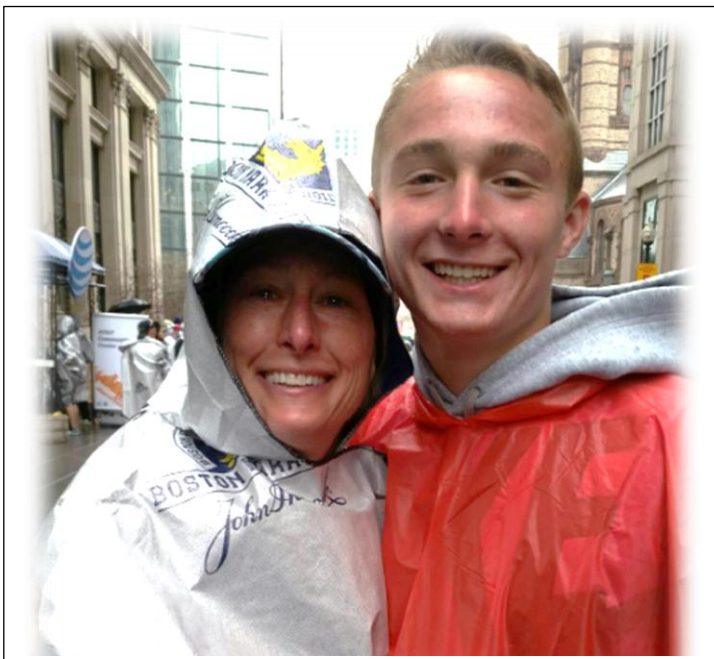
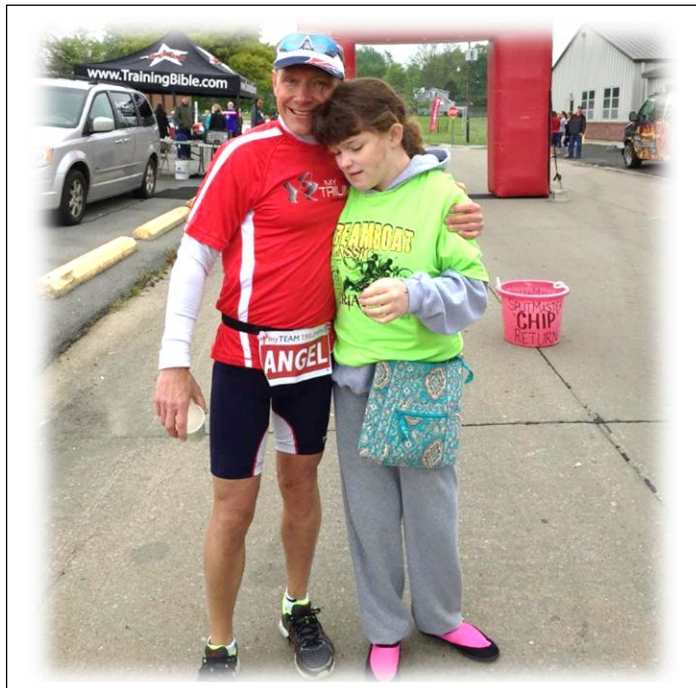


Members of Dr. Donna Rhinesmith's ED 622 Integrating the Language Arts class met at Brashear Elementary School on April 15, to introduce themselves to their third-grade pen pals. Truman graduate students have been exchanging letters with these students from elementary intern Rachel Hunt's classroom all year. The third graders also explained their use of the Daily 5 method to their Truman pals. This experience provides an opportunity for teacher candidates to read and respond to authentic writing, as well as serve as role models for young authors.



Nine English MAE candidates presented their research at the 2015 Student Research Conference, April 14. Researchers and their topics were: Nicole Boyer, “Getting to Know Canonic Characters with Social Media”; Claire Mahoney, “The Write Way to Teach Grammar? Integrating Grammar Instruction in Writing Every Day”; Sara Redel, “An Introduction to Disabilities Studies in the Secondary English Classroom”; Alyssa Bollinger, “Using Pop Culture to Engage Students in Reading Canonical Literature”; Molly Chambers, “The Effect of Instruction in Multimodal Text Evaluation on Students’ Research and Evaluation Skills”; Christian Lowry, “Why Students Think They Need English Language Arts”; Audrey Lane, “Exploring Individual and Communal Meaning-Making in the Blogosphere”; Julie Steinbeck, “Young Adult Literature and Student Diversity: Analyzing Student Perspective through Use of *The Kite Runner*”; and Katelyn Lauck, “Writing Conferences in the Secondary English Classroom.” Audience members included friends, family, research committee members, and pre-service English students. Dr. Rebecca Dierking moderated the presentations. Earlier in the day, these graduate researchers participated as panelists to an audience of Management of Instruction: Secondary English students, addressing questions about the internship from the teacher candidate perspective. They addressed questions about creating relationships with mentors, other colleagues in the school, and students; the research process and MO-PTA (Missouri’s licensure evaluation); the job market; classroom management; maintaining balance between school and home; and other pertinent topics.

Dr. Paul Yoder completed the Steamboat Triathlon, April 26, in Cape Girardeau. Paul is pictured with Linda, a special needs adolescent who was his constant companion for the whole triathlon. Paul and Linda were the first para team to finish.



Dr. Janet Gooch completed the Boston Marathon, April 20, in Boston, Massachusetts. This was her second Boston Marathon and 15<sup>th</sup> marathon finish. Janet is pictured at the 2015 finish line with her son Ethan.



## Health and Exercise Sciences



March was Athletic Training Month. The student athletic trainers participated in the National Athletic Trainers' Association Social Media contest open to all athletic trainers and students. Their picture of "Hanging Around Before Football Practice" was a finalist in the national contest. Thank you to Tim Barcus for taking the photos.

Nine athletic training students attended the Mid-America Athletic Training Association (MAATA) conference March 18-21, along with Michelle Boyd and Brandy Schneider. Six of the attendees participated in the ACES Board of Certification exam prep sessions. Maria Backes led the Student Leadership Council break-out sessions at the conference. Maria Backes was awarded the TOSA Medical Post Graduate Scholarship Award as a result of her leadership, clinical performance, and academic excellence.

Kelci Besand was awarded the 2015 NATA Foundation Scholarship. Applicants must have performed with distinction at their institution including athletic training duties and coursework. This is the most prestigious scholarship that can be awarded to an athletic training student. Kelci will graduate in May.

Adam Cline and Morgan Locher, along with athletic training students Jill Pohlman, Garrett Brugman, Rachel Neibergall, and Tori Ogden, taught the ATSU Sports Medicine Physicians Club the techniques of spine boarding, April 14.

Kelci Besand and Maria Backes, under the supervision of Dr. Brian Snyder, presented *Effects of Cold Water Immersion on the Physiological Parameters of Exercise-Induced Muscle Damage* at the Student Research Conference. Club athletes undergo eccentric calf raises to fatigue then undergo one of three treatment options: 1 degree C, 15 degree C, or no immersion for 10 minutes. Variables measured include pain, measured with a pressure algometer, strength and power. This study differs from previous studies on cold-water immersion in that each subject undergoes all three treatments in a random order with one week between testing so that each subject can act as his own control. Preliminary data analysis trends towards the greatest decrease in pain between baseline and 24h post-treatment being the no immersion treatment.

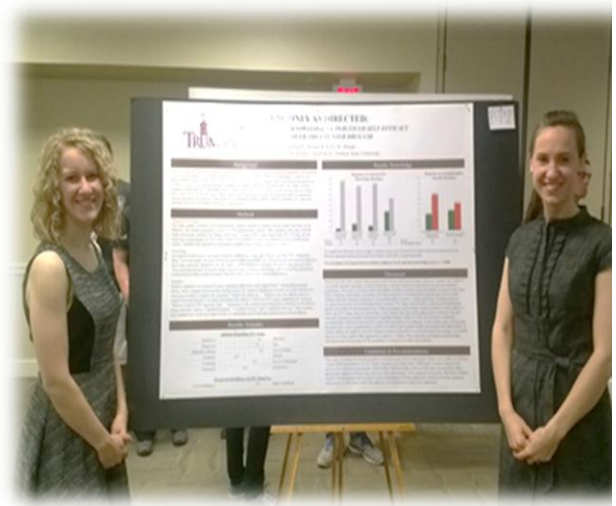
Athletic training staff and first year athletic training students Brock, Paige, Aaron, and Brendon taught select Brookfield Middle School students how to use vacuum splints for an emergency, April 17. The students then practiced scenarios and ended with a spine boarding demonstration.

Students enrolled in ES 506 Advanced Sport Management with Ms. Liz Jorn have been working with Kirksville Parks and Recreation to plan events for the community. On April 11 they hosted a kids' triathlon for ages 5-13 years. Week of the Young Child, April 20-24, and Arbor Day, April 24 was observed by children from Ray Miller School planting trees. May 2 will be a kids' ages kindergarten through fifth grade track meet (formerly Hershey's track meet) at Stokes Stadium. Field events start at 1:00 p.m. and track events at 2:00 p.m. Students have also assisted the Parks and Recreation department with advertising campaigns for summer events such as Splash Radio, free movies in the park, new registration/software program and Family Fishing. Students created brochures, flyers, text casters and press releases for each program.



Five Student Public Health Association members traveled to the Public Health Scholar Bowl Competition, April 11-12, at Saint Louis University, St. Louis. This event provided an opportunity to participate in a national competition consisting of a trivia challenge and a case study presentation. The students participated in the trivia challenge and placed third overall. Pictured, from left to right, Dr. Alicia Wodika, Brendan Cronley, Alex Connor, Jessica Wentworth, Melanie Lamb, Liz Chau, and Dr. Janice Clark.

At the SRC, the Health and Exercise Science Department had 18 poster and oral presentations. Health Science senior Linnea Heimsoth presented her research titled, "Stress and Negative Coping among College Students." Linnea was mentored by Dr. Roberta Donahue and Dr. Alicia Wodika.



Health Science students Kelly Meade and Carrie Nelson presented their research titled, "Use Only as Directed: College Students' Perceived Self-Efficacy & Knowledge Regarding Over-the-Counter Cold & Flu Medications." Kelly and Carrie were mentored by Dr. Darson Rhodes.



During Hearing Awareness Week, April 13-17, Dr. Janice Clark's HLTH 440 students made "Jolene," the blue mannequin that was able to measure the volume of music coming from ear buds. The intent was to demonstrate to students how they might be damaging their hearing from the loud music they play.



April 15 was a beautiful day for students from Dr. Janice Clark's Environmental Health class to take a field trip the Possibility Alliance near LaPlata. This is an 80-acre petroleum-free, bicycle and candle-powered farm and nature preserve where Ethan and Sarah Hughes live with their daughters. The Hughes and their environmental interns grow their own food, use an outhouse, and choose to live well under the poverty line. The Alliance hosts a diverse array of 1,500 annual visitors to the site where they practice simplicity, self-reliance, service and gratitude. The students, Dr. Alicia Wodika, and Dr. Clark received a tour of the farm and five gardens, saw the straw-bale home where the Hughes family will soon live, and then each contributed 90 minutes of service. Students and Dr. Clark helped clean out a goat stall and chicken house, taking the straw and manure to a compost pile which will be used in the gardens. Students and Dr. Wodika dug out weeds and fescue grass from one of the gardens in preparation for spring planting.

Students from Dr. Janice Clark's HLTH 362, Environmental Health course cleaned sections of Bear Creek on Saturday, April 18, 2015.

Students and Dr. Clark cleaned Bear Creek from the Red Barn to Stadium Drive, and then completed sections of the creek from Stadium Drive to LaHarpe Street before the heavy downpour of rain.

Besides many plastic bags, plastic bottles, aluminum cans, and Styrofoam pieces, students retrieved two Truman parking barricades from the stream, multiple sections of large plastic landscaping retainers, the plastic cover to a car bumper, metal pipe, and numerous broken bottles.

Although the students got muddy and wet, they also encountered a snapping turtle, frogs, and several fish while making their environment cleaner.





Students in Dr. Janice Clark's HLTH 362 Environmental Health Class were assigned to give used items in their environment a "second life" beyond their primary intended purpose. The item they created needed to incorporate every day used/recycled materials to create something entirely new and different from the purpose of the original item. Students created the following items: a hall bench/shelf unit, a spice rack, and a table from wood pallets; an end table lamp from baseball bats, baseballs, and a batting helmet; a cork board from wine corks and a picture frame; a purse from Capri Sun containers, arrow wall art; bird houses from plastic milk jugs; a desk set from jars, glass, and cans; a lamp made from buckets and PCV pipe; a light bulb planter; vases decorated with pieces of DVDs; decorative pillows from blue jeans; a braided dog toy from t-shirt strips; a reusable bag from a t-shirt; a French window seat from broken chairs; and a plant hanger from a tin can.



As a part of Earth Week, these Second Life items were on display in the SUB with students there to explain their projects. Students, faculty, and staff were encouraged to vote for their choices for "Most Creative" item, "Biggest Transformation (from 1<sup>st</sup> life to 2<sup>nd</sup> life)" and "Most Practical" item. Students presented an information session in Magruder on Environmental Health tips and facts students should know to be smart renters. They hosted an environmental health speaker on *Your impact on the environment, and its impact on you* in Violette Hall. The class helped with Do It Yourself Tables on the Quad, April 22, displaying their Second Life projects and helping others make their own projects. The "best of show" Second Life items were on display. The students helped serve and clean up at the ECO Local Foods Dinner.



Students from Dr. Janice Clark's HLTH 440 Program Implementation & Evaluation course presented their senior capstone projects, April 28 and 30. The students were required to complete a minimum of 30 hours on a service project to the campus or the local community. This semester the students in the two sections of HLTH 440 have completed a wide variety of projects, including: Oral Health Alliance (OHA) Project (Supervisor: Emilie Meierhofer, NEMO AHEC)—Brandi Jones & Jessica Wentworth; Kirksville Sodium Reduction Project, (Supervisors: Dr. Janet Head and Amanda Mills)—Sarah Strickler & Ali Kardesch; Sodium Reduction Survey & Public Service Campaign (Supervisors: Dr. Janet Head and Amanda Mills,)—Cameron Ward, Alex Weaver, Megan O'Hara & Chloe Jaranowski; NEMO Heart Health Gents & Joules Gala (Project supervisor: Lisa Archer, ATSU)—Megan Sullivan & Sara McVety; NEMO Walking Club (Jenny Zweifel, contact through Lisa Archer, ATSU)—Katie Shields & Caity Biberdorf; Buddy Bank/Buddy Pack Project Coordinators (Supervisor: Susan Dublin, Regional Coordinator for The Food Bank For Central and Northeast Missouri)—Kelsey VanWye & Melanie Lamb; Food Bank Program Assistant (Supervisor: Susan Dublin, Regional Coordinator for The Food Bank For Central and Northeast Missouri) —Austin Kampen; Event Marketing of Food Bank Projects (Supervisor: Susan Dublin, Regional Coordinator for The Food Bank For Central and Northeast Missouri) —Brandon Stewart; Faith Lutheran School Health Education Lessons grade K-1 (Ms. Jane Thompson, teacher/supervisor)—Aly Flick & Sarah Branch; grade 1-2 (Ms. Miranda Deeleuw, teacher /supervisor)—Danielle Treat & Trent Spires; grade 5-7: (Mrs. Deb Lawrence, teacher/supervisor)—Kristin Grimsley & Alexis Hackett; Faith Lutheran School Fundraiser & Playground Project (Supervisor Mrs. Janie Fouch, principal) — Mandy Heering, Olivia Nalley & Tara Lovekamp; Faith Lutheran Health Projects (Supervisor Mrs. Janie Fouch, principal)—Nicole Panis & Stephanie Vietor; Plan school lunch menus, assist in serving lunches when possible, & schedule lunch volunteers, Create First Aid kits for each classroom, Assist with Health Screening Day on February 19; Health Council Oral Health Puppet Project (Supervisor: Amy Carroll, Health Educator/Outreach Coordinator, NEMO Health Council)—Caitlin Eikermann & Megan Trantham; Alcohol Awareness Week (Supervisor: Mr. William Nelson, Truman, State University)—Rachael Rockamann, Jonathan Reichart, & Robert Bagaroz; Disability Awareness Week (Vicky Wehner, supervisor)—Maggie DeDecker, Taylor Barker, Linnea Heimsoth, Christina Steinbach; Hearing Awareness Week (Vicky Wehner, supervisor)—Lauren Maag, Amelia Tudorowski, & Layton Barkema; 4<sup>th</sup> grade health lessons at Ray Miller Elementary (Ms. Rachel Higgins, supervisor)—Chelsey Coffee & Pallavi Thota; Genesis House Fundraising Project (Sandra Novinger & Bethany Rye, Project supervisors)—Taylor Telken & Tori Barber; Wellness Zone (Evonne Bird, supervisor)—Haley Welch, & Alex Stephenson; Teaching Assistants (TA) for Health Science Courses: HLTH 150 (Dr. Darson Rhodes, supervisor)—Haley VanHooser, HLTH 245 (Dr. Carol Cox, supervisor)—Casey Schaedel, HLTH 260—(Dr. Alicia Wodika, supervisor)— Erika Holliday, HLTH 349 (Dr. Alicia Wodika, supervisor)— Jefferson Hartig, HLTH 366-1 (Dr. Carol Cox, supervisor)—Chelsea Little, HLTH 255-2—(Dr. Roberta Donahue, supervisor)—Michael Monfre, HLTH 366-2 (Dr. Carol Cox, supervisor)—David Darrow, HLTH 410 (Dr. Darson Rhodes, supervisor)—Brianna Martinez & Lauren Spaniol, Health Administration Administrative Assistant (Dr. Cox, supervisor)—Richard Griffith, HLTH 195 Health/Wellness lectures (Liz Jorn, Dr. Brandy Schneider, and Melody Jennings, supervisors)—Bernice Appiah & Jamie Cummings.

## Nursing



Nursing students were invited by A. T. Still University (ATSU) to participate in the annual Rotator Cuff Tournament. The tournament began with a presentation by ATSU's Diversity Director, Clinton Normore. He shared information about his experience as a student-athlete for the Kansas University basketball team and his team winning the NCAA national championship. The Truman nursing team, The Hemoglobin Trotters, played two games on March 27 and one game on March 28. They came away with the third place title, finishing behind the ATSU Arizona School of Dentistry and Oral Health team (first place), and ATSU Kirksville College of Osteopathic Medicine team (second place). Pictured (above left, back row, left to right), Laura Rethemeyer, Molly Roberts, Kelsey Dreiling, Haley Bruns; (front row, left to right), Christina Matson, Erin Richeson, and Olivia Warner. Pictured (above, right), sophomore Haley Bruns jumps for the tip ball to kick off the third game for The Hemoglobin Trotters.



Jessica Curl, Allison Faron, and Nicole Miller, all 2014 Truman Nursing graduates, returned to campus as guest speakers for Ms. Pam Melvin's NU 480 Professional Nursing Leadership course. They spoke with current senior students about the transition to practice and conquering the *National Council Licensing Examination for Registered Nurses (NCLEX-RN)*. While on campus, the three alumnae also met with several faculty members and shared stories about their first year as professional nurses.

Pictured left, left to right: Pam Melvin, Stephanie Powelson, Susan Lambert, Jessica Curl, Allison Faron, Nicole Miller, Kit Hadwiger, and Steve Hadwiger.



The Nursing Department hosted middle school students from the Brookfield HOSA group, April 17. Ms. Pam Melvin and senior NSC peer assistant Rachel Phillips assisted the students in the Nursing Simulation Center with a scenario called "Ima Payne has Pneumonia!"





Lauren Null has been chosen by the Nursing Department faculty as the recipient of the Outstanding Undergraduate Student in Nursing Academic Honor Award for the 2014-2015 academic year. The senior nursing major is originally from Grant City and will move to Colorado Springs, Colorado after graduation. She plans to first work as a registered nurse (RN) in an emergency department and then go to graduate school to become a Certified Registered Nurse Anesthetist (CRNA).

Lauren chose to attend Truman because Truman is a public liberal arts and sciences university. She was aware that Truman has an excellent reputation for providing a quality education. Kirksville was the perfect distance from home to allow her the space she needed for personal growth, but it was close enough to visit home if she chose to do so. When asked why she chose nursing as her undergraduate major she responded, "I chose nursing as my major because it is a great way to make a tangible difference in people's lives. Nurses are the ones right there at some of people's most vulnerable moments and have the potential to greatly improve outcomes for people with health problems. It's also a great career because there are many different specialties and options to advance further within nursing. Who could ever get bored with so many different avenues and opportunities?" Lauren has made many memories during her time at Truman. "My fondest memories are of time spent making relationships with the other nursing students. Whether it was driving to clinicals that were far away, staying at their places in St. Louis and Columbia, studying, or just having fun, it has been amazing to grow close to so many amazing people who have put their all into this program." When asked to provide advice for future nursing majors and underclassmen on how to be successful in nursing school, Lauren responded by saying, "My advice is to be happy and take time for you. I have always found it easier to remember something if I was relaxed and happy when I learned it rather than stressed and overwhelmed. Take a deep breath and remember why you're doing it in the first place. It won't be easy, but it will be worth it." While at Truman, Lauren also received the honors of being a member of the Rho Omega Chapter of Sigma Theta Tau International (STTI) Honor Society of Nursing, Order of Omega, Phi Kappa Phi, and was a Truman Leadership Scholar. In closing, Lauren wanted to mention that she believes everyone that is graduating from this program deserves to be recognized as an outstanding nursing student, as all of the students in the graduating class are intelligent, hardworking, and caring. She stated, "They have invested their all in this program, and they are going to make fantastic nurses." Congratulations and best wishes for the future, Lauren!

Ellie Cavuoti, senior nursing major, has accepted a position with St. Jude Children's Research Hospital in Memphis, Tennessee after a 13-week internship there. During her internship, she worked with pediatric oncology patients and contributed to published research. "I was so blessed to have the opportunity to work with such amazing people at St. Jude," she said, "I felt rejuvenated and motivated to learn absolutely everything I could about nursing." Ellie also credits Truman. "I would not be the person I am today without this school," she said, "I cannot imagine pursuing my college career anywhere else." Ellie plans to eventually become a pediatric oncology nurse practitioner. Congratulations and best wishes, Ellie!





## *Calendar of Selected Upcoming Events*

May 1, Friday: Last Day of Classes

May 4, Monday: Finals Start

May 6, Wednesday: Reading Day

May 7, Thursday: Faculty Senate, 3:30 p.m. (old) and 5:30 p.m. (new)

May 8, Friday: Finals End

May 8, Friday: Academic Honor Awards, 5:00 p.m., SUB Georgian Room

May 9, Saturday: Commencement, 2:00 p.m.

May 9, Saturday: May Interim Begins

May 15, Friday: Spring Full-Semester and Second Block Final Grades Due in TruView

May 26, Tuesday: First 5-Week Summer Classes Begin

May 30, Saturday: May Interim Ends

June 1, Monday: 8-Week Summer Classes Begin

June 5, Friday: May Interim Final Grades Due in TruView

June 13, Saturday: Board of Governors

June 22 – 26, Monday – Friday: Advanced Placement Teacher Development Institutes in French Language and Culture, Physics 2, Statistics, and United States History

June 26, Friday: First 5-Week Summer Classes End

June 29, Monday: Second 5-Week Summer Classes Begin

July 13 – 17, Monday – Friday: Advanced Placement Teacher Development Institutes in Calculus, Chemistry, English Language and Composition, English Literature and Composition, and World History

July 24, Friday: 8-Week Summer Classes End

July 25, Saturday: August Interim Begins

July 31, Friday: Second 5-Week Summer Classes End

August 1, Saturday: Board of Governors

August 8, Saturday: August Interim Ends

August 10, Monday: New Faculty Contracts Start

August 12, Wednesday: Returning Faculty Start

August 12, Wednesday: SHSE All-School Meeting, 1:30 – 2:30 p.m., VH 1010

August 15, Saturday: Freshman Move-In Day / Truman Week Begins

August 20, Thursday: Fall Semester Classes Begin

# *Mission Statement*

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

## *Five Pillars*

Professional programs grounded in the liberal arts and sciences



Leadership development



Interdisciplinary collaboration



Diverse learning and service opportunities



Pursuit of continued scholarship and research

# TRUMAN STATE UNIVERSITY

## *School of Health Sciences and Education*