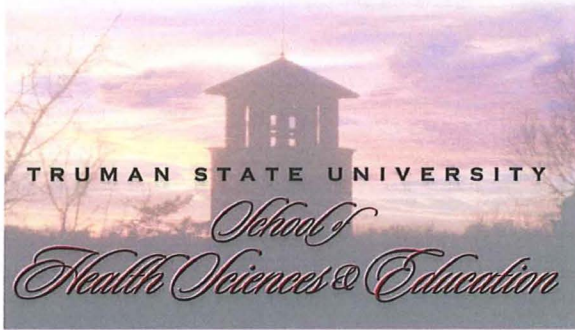


# FEBRUARY 2016 NEWSLETTER



## The SHSE Administrative Team

**Janet L. Gooch**, *Dean*  
**Paula Cochran**, *Chair of CMDS*  
**Mona Davis**, *Assistant to the Dean*  
**Roberta Donahue**, *Chair of HES*  
**James Judd**, *Director of the RPDC*  
**Pete Kelly**, *Chair of Education*  
**Stephanie Powelson**, *Chair of Nursing*

## Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

I hope that everyone's semester is off to a smooth start. The spring semester always seems a bit "busier", to go by a bit quicker, almost a blur. Looking at the calendar, this one is shaping up in just that way. I want to thank everyone who participated in the Martin Luther King, Jr. Day workshop on Culturally Responsive Teaching, led by Dr. Consuela Ward. Following the workshop there was an expressed interest in reading one of the texts referenced by Dr. Ward. Four choices were presented as options and faculty had the opportunity to vote. The book that the majority of faculty were interested in was "The New Jim Crow" by Michelle Alexander. This book directly challenges the notion that the election of Barack Obama signals a new era of colorblindness. Legal scholar Michelle Alexander argues that "we have not ended racial caste in America; we have merely redesigned it." I am looking forward to discussing this book as a group and encourage everyone to participate.

I also want to thank those of you who participated in the January University Showcase. It is not easy to "give up" a Saturday morning and possibly part of your early afternoon; however, events that involve direct interaction with prospective students are proven to be among the most effective and popular recruitment strategies that institutions use to increase enrollments. Enrollment in our School is not a current issue; however, I encourage everyone to keep a continued focus on student recruitment and retention in light of the many societal and economic factors that are affecting the educational landscape as a whole. On a related note, this semester we will be hearing more from the Blue Print and Implementation Teams and I encourage everyone to stay engaged and help push forward with "next steps".

Other major happenings this semester include the CAEP accreditation site visit for the MAE, February 28<sup>th</sup> - March 1<sup>st</sup>, the Children's Literature Festival scheduled for April 15, 2016; and the Language and Literacy Conference on April 22<sup>nd</sup>. I am also looking forward to the presentations of research funded by the SHSE Mini-Grants on April 5<sup>th</sup> just prior to the University Student Research Conference on April 19<sup>th</sup>. I will also remind you about the SHSE Mission Award which will be offered for the second year. Nominations will be due Friday, March 4, at noon. Lastly, it is my hope that our School will continue to focus on the issue of food insecurity this semester as we did last. If you have any ideas/projects that will continue our efforts please let me know.

My best for a rewarding semester. Please let me know what I can do to make your job easier and to facilitate the good work you do on behalf of our students. I am here to help. Many thanks.

Hunger and Food Instability – SHSE AY 2015 – 2016 School Wide Initiative

Continuing the SHSE's commitment to fight food insecurity in northeast Missouri, the Nursing Department challenged other departments to raise funds for Hope's Kitchen during fall finals week. Collectively, faculty, staff, and students raised \$1,058.54. Anyone interested in volunteering at Hope's Kitchen should call 660.626.2424.

## Academic Professional Development Lunch

Wednesday, February 17

12:30 p.m. - 1:30 p.m.

### SUB Georgian Room C

Dr. Alicia Wodika, Dr. LaRoy Brandt, & Dr. Janice Clark will present

#### Science Education for New Civic Engagements and Responsibilities (SENCER)

SENCER is a tool to enhance education by focusing on 'real world' challenges with service learning and civic engagement-based projects and activities. While the focus of SENCER is built in STEM, the inclusion of the SENCER principles can fit any discipline to enhance student responsibility, professionalism, and citizenship. This workshop will include information about SENCER and how to be more *SENCER-ized* in our courses with key themes including: 1.) SENCER explained; 2.) building SENCER initiatives into teaching and research; and 3.) information about upcoming SENCER opportunities on campus and nationally.

Lunch Provided

RSVP by Monday, February 15 via the following link:

[SENCER lunch RSVP](#)

For more information on SENCER: <http://www.sencer.net/>

## Communication Disorders

The SHSE and CMDS welcome Dr. Amy (Wilson) Teten (pictured right), assistant professor of Communication Disorders. Dr. Teten received her Ph.D. from the University of South Alabama in Mobile. She most recently spent seven years on faculty at the University of Nebraska at Omaha; however, her prior work in higher education includes 2003-2006 at Truman. Amy is delighted to be back in Kirksville. She teaches courses about the speech mechanism and diagnosis of communication disorders. Her research has primarily involved enhancing communication with individuals who have Alzheimer's dementia and the scholarship of teaching and learning. Amy has a background in music, including a Bachelor's degree in music therapy. Amy and her husband, Brett, have two children, Nolan (4) and Avery (2). They are all enjoying their new home that has land to roam and are looking forward to warmer weather so that they can enjoy fishing and gardening together.



The CMDS department welcomed 13 new students into the master's program in January. The new students came from undergraduate institutions including Truman, Illinois State University, Southern Illinois University – Edwardsville, Augustana College, Utah State University, and the Ali Yavar Jung National Institute for the Hearing Handicapped in Mumbai, India.

The Speech and Hearing Clinic opened January 25 with over 80 clients for the Spring Semester. Thirty-seven graduate students and 21 senior-level students are providing services in the clinic, as well as area public schools and Early Head Start. Evening clinic hours are supervised by temporary instructors, Jennifer Norman, M.A., CCC-SLP; and Terri Miller, M.A., CCC-SLP.

Twenty-three graduate students are on public school and/or hospital internships during the Spring Semester.



Mr. John Jones, Executive Secretary, and other representatives from the Columbia Valley Scottish Rite, recently presented a check for \$10,000.00 to the Communication Disorders Department Development Fund, for the ongoing support of the Speech and Hearing Clinic and the Truman/RiteCare Early Literacy Lab. The Scottish Rite is one of Truman's generous long-term supporters.

## Education

*Education Department Spring GTRA Ms. Kathryn Schott*

“Hi, my name is Kathryn Schott and I am the Education Department GTRA for the Spring Semester. I have a B.A. in Psychology from Truman and plan to graduate in May with the Master of Arts in Education degree. I intend to teach elementary school. During the Fall 2015 semester, I completed my teaching internship in the Wentzville School District at Heritage Primary School. I got to teach big-hearted second graders, and it was my most joyous semester yet. During my internship, I completed MoPTA Non-Video and my MAE Action Research. For my research I examined the impact of social desirability on the accuracy of public formative assessment. As GTRA, I will be co-teaching ED 388 with Mrs. Jeanne Harding. I am eager to share my internship experiences with our pre-service education students. I believe I will be able to provide them with a unique perspective as I have already completed my internship, MoPTA, and action research.”



Dr. Lisa Goran and colleagues from the University of Missouri-Columbia and Northern Illinois University were published in the *Journal of Special Education Technology*, 2015, volume 30, issue 4. The article, “Student Response Systems: Learning and Engagement in Preservice Teacher Education,” is the culmination of a five-year project that examines the perceived and actual effectiveness of using technology-based response systems in a pre-service teacher education classroom.

Alumni Aaron McPherson and Aaron Wills will present “Educational Leadership in the Ever-Changing World,” Wednesday, February 24, from 5:00 p.m.-6:00 p.m., in the SUB Alumni Room. They will share perspectives on educational leadership and how today’s educators are guiding all students to be capable, curious, and confident learners in the ever-changing world.



**CHN 550 EFL Internship in China** Teach conversational English in K-12 schools in rural Guangdong Province, China. Semester-long internships for fall and spring. Accepted students may receive a Cheung Foundation Scholarship. Application deadline for fall: March 30. For more information, contact Dr. Timothy Farley [tfarley@truman.edu](mailto:tfarley@truman.edu) or go to <http://china.truman.edu>.



Dr. Thomas Trimborn, professor emeritus of music, was inducted into the Missouri Music Educators Association Hall of Fame in recognition of his lasting impact on the stature of music education in the state of Missouri and beyond. Dr. Trimborn retired in 2014 after 45 years as an educator. In his 21 years at Truman teaching future music educators, he established valuable ties to the premiere public school districts throughout the state. Although humbled by this recognition, Trimborn feels that he shares it with the brilliant education and music faculties for the part they play in preparing Truman students for the teaching profession.



Noyce scholars Matt Matheney, Matthew Evers, and Joseph Milliano attended the American Association of Physics Teachers winter meeting, January 9-12, in New Orleans, Louisiana. Truman's participation in the Noyce program is funded through a \$1.2 million grant from the National Science Foundation. On the national level, the objective is to make America more competitive in the fields of science, technology, engineering, and mathematics.



Dr. Paul Yoder and Noyce scholar Joseph Milliano attended the Noyce Scholar Program Conference, in October, in Omaha, Nebraska. Noyce scholars receive guidance and support (including scholarships) and graduate with a Mathematics and Physics double major, a Masters of Art in Education, and Missouri teacher certification in both Mathematics and Physics. For more information, go to <http://noyce.truman.edu/>



2005 alumna Karen Gibson Hile has been named the 2015-2016 New Exemplary Principal by the Kansas City Suburban Elementary Principals Association (KCSEPA), a regional division of the Missouri Association of Elementary School Principals (MAESP). To be considered for this award, the principal must be in their second or third year. Honorees demonstrate “exemplary performance in skills that reflect the best in educational leadership.” Ms. Hile is one of 12 to receive this honor in Missouri. In March, she and other honorees will be honored during the MAESP Spring Leadership Conference in Osage Beach. During this conference, one principal will be chosen for state level recognition. Karen holds a Bachelor’s in Psychology and MAE in Elementary Education from Truman. She also earned an Education Specialist from the University of Central Missouri in 2011.

1997 alumna Shaunelle Curry is Executive Director of Media Done Responsibly (formerly Mother’s Day Radio), which she founded in 2006. Media Done Responsibly is a movement calling for a day to honor and elevate women with music. This advocacy has expanded to a media education program that trains college and high school students in media literacy. Shaunelle is currently on a college tour with “Shattered Glass,” a two-woman multi-media stage play based on her book, “Shairi’s Journey Through Darkness Into Light,” chronicling a woman’s ascent from being a victim of assault into being a self-empowered being.



## Health and Exercise Sciences



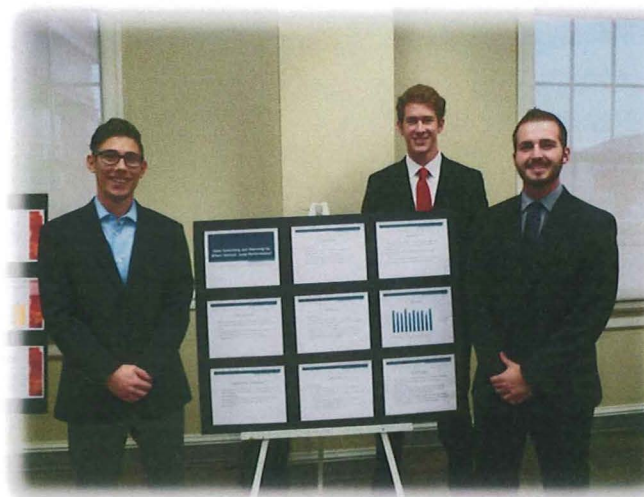
Athletic Training students Brock Wright and Aaron Patterson competed in the National Athletic Trainers' Association (NATA) #BetterTogether photo contest for a trip to the 2016 NATA National Convention. Their theme was "Brock and Aaron support their school and athletes in any way possible! Like tape and prewrap!" The contest was open to all certified athletic trainers and athletic training students. Out of 200 entries, Brock and Aaron won the competition. They will receive free airfare, registration and housing to the national convention in Baltimore, Maryland, in June.

After attending the Science Education for New Civic Responsibilities (SENCER) Summer Institute (SSI) last August, Drs. Janice Clark, LaRoy Brandt, and Alicia Wodika received a \$3,000.00 Post-Institute Implementation grant for 2016-2017. Funding will assist with introducing faculty members to SENCER as well as supporting faculty to travel to the SSI 2016 in Chicago, Illinois. For more information about SENCER or the grant, please attend the Wednesday, February 17, 12:30 p.m. – 1:30 p.m., presentation by Drs. Clark, Brandt, and Wodika, in the SUB Georgian Room C (2108). SENCER is a tool to enhance education by focusing on ‘real world’ challenges with service learning and civic engagement-based projects and activities. While the focus of SENCER is built in STEM, the inclusion of the SENCER principles can fit *any* discipline to enhance student responsibility, professionalism, and citizenship. The February workshop will include information about SENCER and how to be more SENCER-ized in courses with key themes including: 1.) SENCER explained; 2.) course assessment for SENCER; and 3.) information about upcoming SENCER opportunities on campus and nationally.

Students from Drs. Jerry Mayhew, Brian Snyder, and Alicia Wodika’s ES 224 and HLTH 349 Research Methods courses presented their research at a poster presentation:



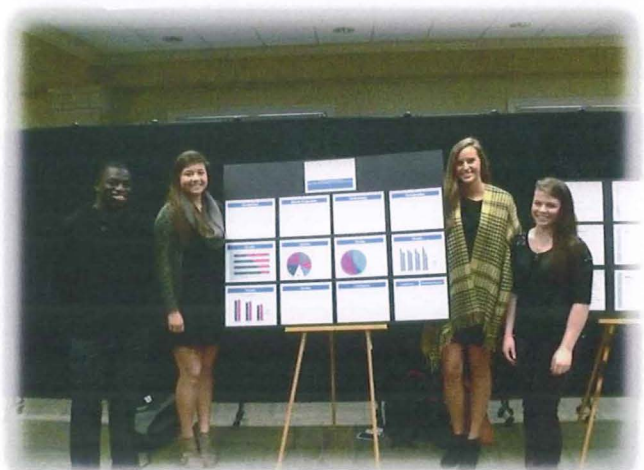
Alicia Wolken, Bailie O’Connell, and Gabby Stuhr presented research regarding coping skills for stress among male and female college students.



Athletic training students Brendan Boyle, Aaron Peterson, and Brock Wright presented research regarding stretching and vertical jump.



Allison Crew, Paige Clawson, Rachel Meinert, and Becca Millard presented research on body measurements and leg strength.



Richard Neboh, Brianna Smith, Bailey O’Drobinak, and Jordan Allen presented “The Effects of College Athletics on Student Athlete Academic Performance.”





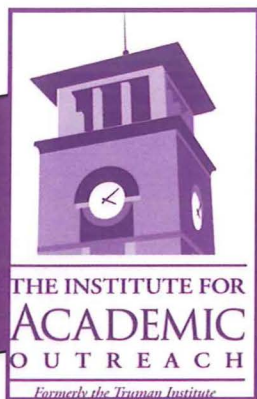
The Health and Exercise Sciences Department recently received a high - speed treadmill for the Human Performance Lab. The treadmill has a top speed of 26 miles per hour, which is especially helpful to develop high speed running. It is also useful for determining maximum oxygen intake testing using the 40° incline. The treadmill can be used for rehabilitation since it has an unloading system capable of reducing the user's body weight, allowing them to walk or run at a lighter weight. Safety is always a main priority in both rehabilitation and training therefore, the treadmill is equipped with a harness system to prevent participants from falling.

The Health & Exercise Sciences Office was decked out with festive decorations, thanks to Dr. Jennifer Hurst & Dr. Nancy Moore, along with the help of Phi Epsilon Kappa—the professional fraternity for students engaged in or pursuing careers in health, physical education, recreation, and other related fields).

The door design, created and arranged by Dr. Hurst & Dr. Moore, received second place in the campus-wide holiday door decorating contest.

Congratulations, HES Department!





# TruLifesaver

American Heart Association Basic Life Support Course



**American  
Heart  
Association®**

*Learn and Live*

The **Basic Life Support (BLS)** class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

**\*Certification is good for 2 years\***

Our course includes the following for an adult, child, and infant:

- ◆ Critical concepts of high-quality CPR
- ◆ The American Heart Association Chain of Survival
- ◆ Differences between rescue techniques
- ◆ 1-Rescuer CPR and AED
- ◆ 2-Rescuer CPR and AED
- ◆ Bag-mask techniques
- ◆ Rescue breathing
- ◆ Relief of choking

## Instructors:

Liz Jorn and Jana Arabas  
Truman State University  
Department of Health  
and Exercise Science

## Dates & Times:

**Sunday, March 20, 1-6 pm**

**Tuesday, April 12, 5-10 pm**

**Monday, April 18, 5-10 pm**  
(\*night before SRC)

**Tuesday, April 19, 5-10 pm (\*SRC)**

**Monday, April 25, 5-10 pm**

## Location:

Health Science 1206 - CPR Lab  
Truman State University

**Cost: \$60.00**

Cost includes all instruction, materials  
and two year certification with the  
American Heart Association

## To Register:

Visit [institute.truman.edu/trulifesaver](http://institute.truman.edu/trulifesaver) and complete the online registration form. You may email us at [institute@truman.edu](mailto:institute@truman.edu) or call with questions. Students will pay online and must have paid in full before the class meeting. Businesses interested in using purchase orders should call our office in advance. No-shows will not receive refunds. Classes with enrollments below 12 may be subject to cancellation.

**Institute for  
Academic Outreach**

P: 660/785-5384  
F: 660/785-7202  
[institute@truman.edu](mailto:institute@truman.edu)

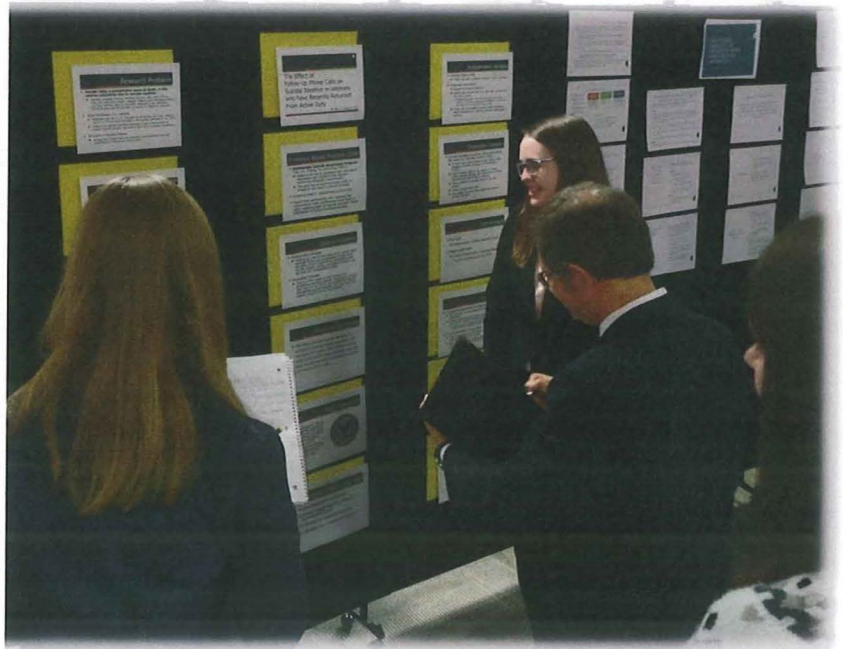
## Nursing



The nursing students held their annual candlelight memorial service, December 1, at the Kirk Memorial Building. This is an annual event to commemorate those affected by Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS). Several poems, stories of persons living with HIV/AIDS, and prevention strategies were presented throughout the memorial service. Candles were lit and a moment of silence was taken towards the end of the service to honor those affected by this disease. The event brings awareness of HIV/AIDS to the community, encourages people to get tested, and promotes disease

Senior Capstones of Nursing were held December 3, sponsored by the Rho Omega Chapter of Sigma Theta Tau International Honor Society of Nursing and Northeast Regional Medical Center. The goals of the Rho Omega Chapter are: to recognize superior achievement; to recognize the development of leadership qualities; to foster professional standards; to encourage creative work; to strengthen commitment on the part of individuals to the ideals and purposes of the profession of nursing.

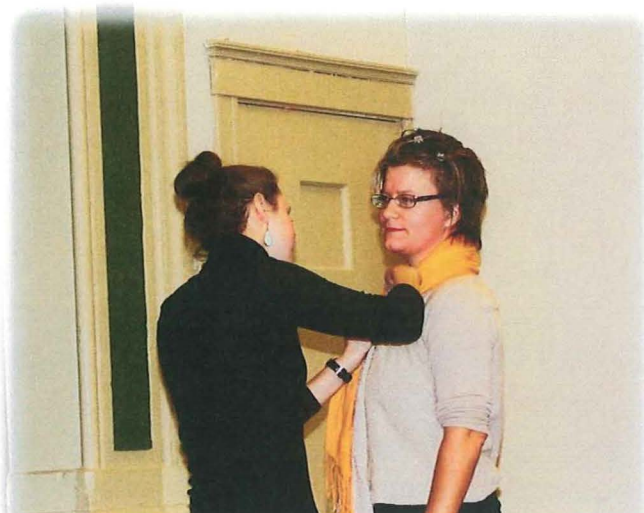
Pictured, right: Senior nursing student Ellen Hargrove presents her research project to Dr. Stephen Hadwiger.



The Department of Nursing honored seven graduates of the second cohort of the Accelerated Bachelor of Science in Nursing (ABSN) program at the Nursing Recognition Pinning Ceremony, December 12. The ceremony recognized the graduating seniors' successful completion of a rigorous academic and professional program. The ABSN students completed required nursing course studies in approximately 15 months in order to receive a BSN degree and become licensed Registered Nurses (RN) after passing the NCLEX-RN® examination. Ms. Kelly Freeland, FNP-BC, was the guest speaker for the event.

Pictured below, left: Sarah Marcum receives her nursing pin from Kate Breitenbach as part of the recognition ceremony.

Pictured below, right (left to right): Advisor Brenda Wheeler and Fall 2015 Truman ABSN Graduates Kendra Jones, Shellie Brashears, Sarah Marcum, Miranda Barnes, Madison Siman, Jaclyn Morris, and Kyle Sweeney.



# BE ONE IN A MILLION HEARTS

*If you give your heart to  
another this Valentine's Day...*  
**make sure it's healthy.**

In honor of February being American Heart Month, the National Consortium for Building Healthy Academic Communities (BHAC) is challenging you to join the Million Hearts® initiative and help prevent 1 million heart attacks and strokes by 2017.

During February, you can participate in the BHAC National Challenge by educating students, faculty and staff on the ABCSs of cardiovascular disease. You will complete an online educational module that will empower you to improve your own cardiovascular health and educate others on how to live a heart healthy life.

1. Visit **<http://go.osu.edu/millionhearts>**
2. Select "BHAC Million Hearts Challenge" from the course list
3. Log in if previous user or select "create new account"
4. New users will receive a confirmation email containing an activation link. Once the link is clicked, the enrollment process is complete.

Prizes will be awarded to the top three institutions with the most participants.

For more information about Million Hearts, visit **[millionhearts.osu.edu](http://millionhearts.osu.edu)**.

**ABCSs** of heart disease and stroke (cardiovascular disease) prevention: **A**spirin therapy for high-risk individuals, **B**lood pressure control, **C**holesterol management, **S**moking cessation and **s**tress reduction.



## Regional Professional Development Center



Photo by Danielle Brown from the Kirksville Daily Express, on-line edition, January 6, 2016.

United States Senator Roy Blunt speaks with Northeast Regional Professional Development Center Director James Judd, January 6, at Truman. Senator Blunt visited campus to speak with local administrators, professors, and health care professionals on neurodevelopmental health and funding for the National Institutes for Health (NIH). The NIH recently received \$32 billion with the passage of an omnibus spending bill. Truman is seeking funding to renovate Greenwood School and create an Inter-Professional Autism Clinic to better service local children who are on the autism spectrum.

### Calendar of Selected Upcoming Events

- February 2, Tuesday: Lyceum *Vocalosity*, 7:30 p.m., Baldwin Auditorium
- February 6, Saturday: Board of Governors
- February 11, Thursday: Undergraduate Council, 3:30 – 5:30 p.m.
- February 17, Wednesday: APDC Lunch with Drs. Brandt, Clark, and Wodika presenting on SENCER
- February 17, Wednesday: Graduate Council, 3:40 – 5:00 p.m., BH 100
- February 18, Thursday: Faculty Senate, 3:00 – 5:00 p.m.
- February 24, Wednesday: Early Progress Report for 100-200 level full-term courses due in TruView before noon
- February 24, Wednesday: Lyceum *Million Dollar Quartet* Musical, 7:30 p.m., Baldwin Auditorium
- February 25, Thursday: Faculty Senate, 3:00 – 5:00 p.m.
- March 2, Wednesday: First Block Classes End
- March 3, Thursday: Second Block Classes Begin
- March 3, Thursday: Undergraduate Council, 3:30 – 5:30 p.m.
- March 4, Friday: First Block final grades due in TruView before noon
- March 4, Friday: SHSE Mission Award nominations due before noon
- March 7 – 11, Monday – Friday: Midterm Break (University Open)

March 16, Wednesday: Graduate Council, 3:40 – 5:00 p.m., BH 100  
March 19, Saturday: Visit Event  
March 24, Thursday: Faculty Senate, 3:00 – 5:00 p.m.  
March 28, Monday: Spring Break  
April 5, Tuesday: SHSE Mini-Research Conference, 3:30 p.m., VH 1010  
April 9, Saturday: Board of Governors  
April 14, Thursday: Undergraduate Council, 3:30 – 5:30 p.m.  
April 15, Friday: Children’s Literature Festival  
April 19, Tuesday: Student Research Conference  
April 20, Wednesday: Graduate Council, 3:40 – 5:00 p.m., BH 100  
April 22, Friday: Eighth Annual Language and Literature Conference with Laura M. Justice, Ph.D., CCC-SLP,  
speaking on *Enhancing Children’s Vocabulary Skills Using State-of-the-Art Techniques and Interventions*  
April 23, Saturday: Visit Event  
April 28, Thursday: Faculty Senate, 3:00 – 5:00 p.m.  
April 28, Thursday: Undergraduate Council, 3:30 – 5:30 p.m.  
April 29, Friday: Last Day of Spring 2016 Semester Classes  
May 2, Monday: Finals Start  
May 4, Wednesday: Reading Day  
May 5, Thursday: Old Faculty Senate, 3:30 – 5:30 p.m.  
May 5, Thursday: New Faculty Senate, 5:30 – 6:00 p.m.  
May 7, Saturday: Commencement  
May 7, Saturday: May Interim Begins  
May 11, Wednesday: Graduating Senior and Graduate Student grades due in TruView by noon  
May 13, Friday: All Other Grades due in TruView before noon (see above for senior grade deadline)  
May 28, Saturday: May Interim Ends  
May 30, Monday: Memorial Day (University Closed)  
May 31, Tuesday: First Five Week & Ten Week Classes Begin  
June 3, Friday: May Interim grades due in TruView before noon  
June 6, Monday: Eight Week Classes Begin  
June 11, Saturday: Board of Governors  
June 27 – July 1, Monday – Friday: Advanced Placement Institutes TBA  
July 1, Friday: First Five Week Classes End  
July 4, Monday: Independence Day (University Closed)  
July 5, Tuesday: Second Five Week Classes Begin  
July 18 – 22, Monday – Friday: Advanced Placement Institutes TBA  
July 29, Friday: Eight Week Classes End  
August 5, Friday: Second Five Week & Ten Week Classes End

# *Mission Statement*

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

## *Five Pillars*

Professional programs grounded  
in the liberal arts and sciences



Leadership development



Interdisciplinary collaboration



Diverse learning and service opportunities



Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of  
Health Sciences & Education*