

# Health & Exercise Sciences at Truman

DISTINCT BY DESIGN

Degrees offered

# BS

Health Science,  
Exercise Science

# MAT

Athletic Training

Learn about human motion, muscle activity and investigate neural contributions to movement control and motor learning using cutting edge technology in our state-of-the-art **Piper Movement Analysis Laboratory**. Many students pursue independent undergraduate research here.

The Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE).



# 500

approximate number of students in these majors

# 17

full-time faculty members

# 4

part-time faculty members

# 72%

of faculty hold a terminal degree in their field

# 88%

of full time faculty have professional certifications in their field



of majors do an internship or a practicum.

Truman students have a **medical school acceptance rate of 54%**, compared to a 41% national average acceptance rate.

Approximately 75% of incoming Exercise Science majors identify physical therapy as their occupation of choice, and approximately 80% of those who apply to graduate programs in physical therapy gain admission.



Students take Human Anatomy with a twice-a-week cadaver lab, located at A.T. Still University (the local medical school). **Only 4% of undergraduate programs in the nation offer cadaver-based anatomy.**

## Program-to-Program Agreements

- Arizona School of Health Sciences (A.T. Still University)
  - ◊ Doctor of Physical Therapy (DPT)
- Arizona School of Health Sciences
  - ◊ Master of Science in Sports Health Care
- College of Saint Mary
  - ◊ Master of Science in Kinesiology & Exercise Science
- Creighton University
  - ◊ Doctor of Physical Therapy (DPT)
  - ◊ Doctor of Occupational Therapy (OTD)
- Kirksville College of Osteopathic Medicine (A.T. Still University)
  - ◊ Truman & A.T. Still University Pre-Med/Med Accelerated Track
  - ◊ ATSU-KCOM Still Scholars Early Acceptance Program
- Logan University
  - ◊ Doctor of Chiropractic (ES students)
  - ◊ Doctor of Chiropractic (HLTH students)
- Palmer College of Chiropractic
  - ◊ Dual Degree Program
- Rockhurst University
  - ◊ Master of Occupational Therapy (MOT)
  - ◊ Doctor of Physical Therapy (DPT)
- University of Missouri – Saint Louis
  - ◊ College of Optometry
- Washington University in Saint Louis
  - ◊ Washington University Program in PT

## What HES students say about the program:

“We love that we can use the lab equipment to practice skills and do research.”

“HES is a great community, professors care about students.”

“Students get to know their professors.”

“Course content is relevant to many careers.”

“HES faculty lives by wellness aspects they teach.”

“HES faculty help students overcome barriers to success.”

“Cadaver anatomy is a cool class.”

“Ability to present research at national conferences was a great experience.”

For more information

Visit [hes.truman.edu](https://hes.truman.edu)

